KENSTON COMMUNITY EDUCATION

SPRING/SUMMER 2018

SOMETHING FOR EVERYONE
Dear FRIENDS OF KCE,

Spring is nearing, and by the time this book runs its course, we will be looking at fall! It seems crazy how time flies! Years pass so quickly for me! I am celebrating 22 years of service to the Kenston Community. In 1996, I started as a volunteer coach for my son’s basketball team, which played here at The Gardner Center. As I look back, I am thankful for the opportunity the community has allowed us by letting us be a part of your family. I have seen our Kenston children grow and bring their children back. I feel blessed that the community counts us as an important part of Kenston.

We are excited to bring more opportunities for your family to learn, play and grow through the 2018 Spring/Summer programs. Whether your youth athlete wants to join us for our Bomber Camps in the summer, you are working on your fitness with a Yoga class or as a family learning Bee Keeping together, there are many exciting opportunities to engage, experience, explore and excite because there is “Something for Everyone” at Kenston Community Education.

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Executive Director, Kenston Community Education

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KCE thanks Alison Crawford of Crawford Design for assistance with graphic design and print production.
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@KenstonCommunityEd
@Kenston_KCE

REGISTER BY CALLING 440-543-2552 OR VISITING KENSTONCOMMUNITYED.ORG
New CLASSES

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DID YOU KNOW?
If you register for a class at least a week in advance, there is a better chance it will not get canceled!

Busing is available for classes on Kenston campus and some off campus facilities.
Call the KCE office for more information!

Many of our classes start right after school with a pick up note!
LEARN TO PLAY MAH JONGG LEVEL 1
Instructor: Karen Godenschwager

This 4-week course is designed to introduce you to the game American Mah Jongg. To play Mah Jongg is to embrace the joy of socializing while exercising your brain. Although it is a game with many rules; once explained, they are easy to understand. We will be learning ‘The National Mah Jongg League’ rules using their annual standard hands and rules card. All equipment and hand outs provided. Once class is completed, you are welcome to join the Thursday afternoon Mah Jongg group!

4 classes
April 11 - May 2
Wednesdays, 9:30 - 11:30am
Gardiner Center Room C-1
Fee: $45
Class #0480

LEARN TO PLAY MAH JONGG LEVEL 2
Instructor: Karen Godenschwager

American Mah Jongg Level 2 is for players with some experience playing Mah Jongg who would like to improve their game. The focus will be on strategy for choosing winning hands and playing defensively. We will also discuss how to score a game. All equipment and hand outs provided. Once class is completed, you are welcome to join the Thursday afternoon Mah Jongg group!

3 classes
April 12 - April 26
Thursdays, 9:00 - 11:00am
Gardiner Center Room C-1
Fee: $40
Class #0409

AMERICAN MAH JONGG OPEN PLAY
Coordinator: Karen Godenschwager

Join us for a series of pleasurable Thursday afternoons playing American Mah Jongg. We will do our best to designate tables for beginners, intermediate and advanced level players. All play will be using The National Mah Jongg League rules and their current Official Standard Hands & Rules Card. Your table may decide to keep score; however, there can be no exchange of money at this facility. So, bring your beverage, your lunch/snack and most importantly your official NMJL card. Your 10 visit pass is good for any 10 days.

10 classes of your choice
Ongoing until August 30
3/1 - 5/24, Thursdays, 11:30am - 3:00pm
6/7 - 8/30, Thursdays, 12:30am - 4:30pm
Gardiner Center C1
Fee: $20 for 10 classes
Class #0112

Home but Never Lonely
That’s Hamlet at Chagrin Falls.

Hamlet offers a private retirement apartment you'll love, plus so many planned events, outings and friendly new neighbors, so life is never boring or lonely.

SCHEDULE A VISIT TODAY. (440) 247-4676

Feels Like Hamlet. Feels Like Home.
200 Hamlet Hills Drive • Chagrin Falls, OH 44022 • HamletRetirement.com
SENIORS

WATER EXERCISE
Instructor: CVAC Aquatics Instructor

This water exercise program focuses on lower extremity function, designed to improve movement, coordination, balance and posture. A variety of exercises combined with gentle walking in our warm water pool provides a “no impact” form of exercise that is safe for all levels of fitness, including joint replacement recipients. Our class is great for relieving arthritis pain and stiffness. Exercises focus on joint flexibility and range of motion. Class is ongoing, may be joined at any time.

8 visits of your choice
A. March 6 - May 29
B. June 1 - August 31
(see CVAC holiday schedule)
Tuesdays, 1:00 - 2:00pm
Chagrin Valley Athletic Club Pool
17260 Snyder Road
Fee: $48 per 8 visits
Class #0904

NEW!
DEEP WATER CHALLENGE
Instructor: CVAC Aquatics Instructor

Unique program that challenges you in our deep end of pool. Fantastic workout keeps you moving. Perfect water class for those that wait to exercise in a nonrestrictive environment. Improves strength and conditioning. Class is ongoing, may be joined at any time.

8 visits of your choice
March 1 - August 30
Thursdays, 6:00 - 6:45pm
Chagrin Valley Athletic Club Pool
17260 Snyder Road
Fee: $48 per 8 visits
Class #0664

WATER AEROBICS
Instructor: CVAC Aquatics Instructor

This class combines cardio and muscle strengthening with the buoyancy and low impact in a water environment. Varying depths provide different levels of intensity for a complete aerobic workout. Class is ongoing and may be joined at any time.

8 visits of your choice
A. March 6 - May 29
B. June 1 - August 31
(see CVAC holiday schedule)
Tuesdays and Fridays, 9:00 - 10:00am
Chagrin Valley Athletic Club Pool
17260 Snyder Road
Fee: $48 per 8 visits
Class #0903

St. John Funeral Home

SUPPORT KENSTON COMMUNITY EDUCATION

Greetings from the St. John Family owners and operators since 1913

*Chuck, Lois, *Sue and Chris St. John  *Licensed

ST. JOHN FUNERAL HOME  ST. JOHN FUNERAL HOME
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Offering the finest and most caring service to all faiths, nationalities and races

PRE-NEED FUNERAL PLANNING
www.stjohnfh.com
MORNING WORKOUT
Instructor: JoAnn Roeder

This is a well-rounded exercise program using all the body muscles. Everyone works at their own level. This class is ideal as a low impact exercise. Feel good about yourself by doing something for you. An exercise mat and weights are recommended. Bands provided by instructor. Senior rate begins at age 60.

1 to 3 class per week options
Monday, Tuesdays & Thursdays
A. February 26 - April 19
   (no class 3/26, 3/27, 3/29)
B. April 23 - June 7 (no class 5/28)
   Tuesdays & Thursdays (summer)
C. June 12 - August 2 (no class 7/3, 7/5)
  8:30 - 9:30am
Bainbridge Town Hall
17826 Chillicothe Road

Fee: $33/non-senior; $28/senior
2 days/week: $49/non-senior; $44/senior
3 days/week: $65/non-senior; $60/senior
Class #0604

MEDICARE
Instructor: Laura Mutsko is a Certified Senior Advisor and an expert in Medicare

If you are approaching age 65, or going on Medicare for the first time, this is your opportunity to gain a basic understanding of how Medicare works and affects you. You will learn what Parts A, B, C and D cover and what is not covered. You will learn the difference between a Medicare Supplement and a Medicare Advantage Plan. This class will make Medicare easy to understand and you will have all of your questions answered before you need to register for Medicare.

1 class
A. Thursday, April 5
B. Tuesday, May 15
  6:30 - 8:00pm
Gardiner Center C1
Fee: $15
Class #0504

GENTLE YOGA
Instructor: Barbara Smith and Sue Henry

Gentle yoga is a tonic for your mind, body and spirit. Increase your strength and flexibility through gentle stretching and slow flow yoga poses. Learn to lower your heart rate and blood pressure with conscious breathing. Release your stress and tension through deep relaxation. No competition here, we honor every body. Come experience the gift of gentle yoga!

6 classes
A. February 23 - April 6
   (no class 3/30)
B. April 13 - May 18
C. May 25 - June 29
D. July 6 - August 10
Fridays, 8:30 - 9:30am
Burns Lindow Building
Southwest corner of Bainbridge Road & Route 306
Fee: $60 per session
Class #0906

CHAIR YOGA
Instructor: Jane Good

Classes will focus on breathing and relaxation techniques, gentle stretching and strengthening postures while seated in a chair, and from standing positions. Final relaxation can be in a chair or lying on a yoga mat with a pillow and a blanket.

6 classes
A. April 9 - May 14 (Fee: $60)
B. June 4 - July 9 (Fee: $50)
   (no class 7/2)
C. July 16 - August 13 (Fee: $50)
   Mondays, 10:00 - 11:00am
Burns Lindow Building
Southwest corner of Bainbridge Road & Route 306
Fee: varies per session
Class #0905

FIRST FRIDAY SWING DANCES (FOR SINGLES OR COUPLES)
Instructor: Will Craig

It is fun... It is exciting... It is approximately 200 people swing dancing in your backyard the first Friday of every month. It is really “the happening place” in Bainbridge. The best floor... The best bands... The best atmosphere... An absolute “must do.” An hour dance lesson followed by a dance, with live music and refreshments, offered the first Friday of every month. You cannot afford to miss it! Each dance begins with a one hour lesson followed by three hours of dancing. A different band each time!

First Friday of each month
March 2, April 6, May 4,
June 1, July 6, August 3
Lesson from 8:00 - 9:00pm
Dance from 9:00 - 11:30pm
Bainbridge Town Hall
17826 Chillicothe Road

Admission Fee:
$10 per adult
$8 youth 17 years & under
$25 per family
No preregistration required.
Pay at the door!
Class #0633

GENTLE YOGA
Instructor: Laura Mutsko is a Certified Senior Advisor and an expert in Medicare

If you are approaching age 65, or going on Medicare for the first time, this is your opportunity to gain a basic understanding of how Medicare works and affects you. You will learn what Parts A, B, C and D cover and what is not covered. You will learn the difference between a Medicare Supplement and a Medicare Advantage Plan. This class will make Medicare easy to understand and you will have all of your questions answered before you need to register for Medicare.

1 class
A. Thursday, April 5
B. Tuesday, May 15
  6:30 - 8:00pm
Gardiner Center C1
Fee: $15
Class #0504
LEARNING, GROWING, PLAYING... FOR A LIFETIME

ARTS, CRAFTS & HOBBIES

**New!**
**CHORDS ARE KEY FOR PIANO**
*Instructor: David Ciucevich*

Some music teachers may not want you to know this, but you don’t need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you’ll need to play any song in this one session. Any song. Any style. Any key. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this workshop. Fee includes an online book and online video instruction. Topics include:
- How chords work in a song
- How to get more out of sheet music by reading less of it
- How to form the three main types of chords
- How to handle different keys and time signatures
- How to avoid “counting”
- How to simplify over 12,000 complex chords

1 class
May 1
Tuesday, 6:30 - 9:30pm
Gardiner Center C3
Fee: $59
Class #0451

**New!**
**CHORDS ARE KEY FOR GUITAR**
*Instructor: David Ciucevich*

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won’t have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. Class limited to 15 students. For ages 13+. For more information go to justonceclasses.com. Fee includes an online book and online instructional videos. Topics include:
- How chords work in a song
- How to form the three main types of chords
- How to tune your guitar
- Basic strumming patterns
- How to buy a good guitar (things to avoid)
- How to play along with simple tunes

1 class
May 8
Tuesday, 6:30 - 9:00pm
Gardiner Center C3
Fee: $59
Class #0450

**WATERCOLORS: BEGINNING & ADVANCED**
*Instructor: Dale Olson*

Learn to paint in watercolor! Everything from how to apply the paint to composition and color will be covered. Explore the simple use of watercolor from traditional landscapes to fun, modern illustrations for cards, or even quick sketches. Continuing students will learn new tricks and improve skills. Bring your own supplies. Supply list is available at the first class.

7 classes
March 13 - May 1, (no class 3/27)
Gardiner Center C6
Tuesdays, 7:00 - 9:00pm
Fee: $80
Class #0111

**BEGINNING BEEKEEPING WORKSHOP**
*Instructor: Dale Olson*

This workshop is designed for people who would like to get started in beekeeping, those who have had previous beekeeping experience and want to get back into beekeeping, or those who just want to know more before taking the plunge. Topics covered will include basic honeybee biology, races of bees, package bees versus nucs and where to get bees, how to start a hive, new and used equipment, keeping bees in a residential setting, feeding, inspections, swarm control, disease and pest management, producing honey and other hive products and overwintering. Information on package bees, nucs and equipment will be available at the workshop.

1 class
April 12
Thursday, 7:00 - 9:00pm
Kenston Middle School, Art Room 230
Fee: $45 per family
Class #1467

**GUITAR LESSONS**
*Ages 10 - Adult*
*Instructor: Tom Letizia*

Tom specializes in a personal approach to each student’s musical needs and goals. Students can choose a personalized program – from just learning how to play songs for fun at home, working on being in a rock band or performing solo. Must own or rent guitar; $12 material fee for book. 10 yrs to adult welcome. Please contact the KCE office to set up your 1/2 hour time slot for this 5 week session.

5 classes
A. March 19 - April 30
   (no class 3/26, 4/2)
B. May 7 - June 11
   (no class 5/28)
C. June 18 - July 16
D. July 23 - August 20
   Mondays, 2:30 - 7:00pm
   Gardiner Center C2
   Call KCE to schedule your 1/2 hour lesson between 2:30 - 7:00pm
   Kenston Middle School, Band Room
   Fee: $100 per session plus $12 material fee paid to instructor as needed for music books
   Class #1467
INTRO TO DIGITAL PHOTOGRAPHY  
Instructor: Gary Newyear  
The future of photography is here and I like it! So will you! If you have recently switched to digital cameras or like taking pictures with your phone, this class is for you. I’ll guide you through the steps needed to produce excellent results. Questions about downloading from camera or your phone? Memory cards? Menus? No Problem! It’s so easy! This isn’t some boring lecture class! Bring your questions and we’ll find answers.

3 classes  
April 4 - April 18  
Wednesdays, 7:00 - 9:00pm  
Kenston Middle School Computer Lab 122  
Fee: $50  
Class #0100

INTRO TO IMAGE EDITING WITH PHOTOSHOP  
Instructor: Gary Newyear  
We will cover the basics of the Photoshop Elements program and jump into cloning, composing, ‘portraits’ retouching, and much more. While we will be using Adobe Photoshop, what you will learn will apply to most image editing programs. Learn about ‘layers,’ ‘paths,’ and ‘levels.’ To discover the magic in Photoshop, this class is a must! Be sure to bring your favorite photographs on a jump drive.

3 classes  
May 2 - May 16  
Wednesdays, 7:00 - 9:00pm  
Kenston Middle School Computer Lab 122  
Fee: $50  
Class #0103

AMERICAN MAH JONGG LEVEL 1  
Instructor: Karen Godenschwager  
This 4-week course is designed to introduce you to the game American Mah Jongg. To play Mah Jongg is to embrace the joy of socializing while exercising your brain. Although it is a game with many rules; once explained, they are easy to understand. We will be learning ‘The National Mah Jongg League’ rules using their annual standard cards and rules card. All equipment and handouts provided. Once class is completed, you are welcome to join the Thursday afternoon Mah Jongg group!

4 classes  
A. April 11 - May 2  
Wednesdays, 9:30 - 11:30am  
Gardiner Center Room C-1  
Fee: $45  
Class #0480

LEARN TO PLAY MAH JONGG LEVEL 2  
Instructor: Karen Godenschwager  
American Mah Jongg Level 2 is for players with some experience playing Mah Jongg who would like to improve their game. The focus will be on strategy for choosing winning hands and playing defensively. We will also discuss how to score a game. All equipment and handouts provided. Once class is completed, you are welcome to join the Thursday afternoon Mah Jongg group!

3 classes  
A. April 12 - April 26  
Wednesdays, 9:00 - 11:00am  
Gardiner Center Room C-1  
Fee: $40  
Class #0409

AMERICAN MAH JONGG OPEN PLAY  
Coordinator: Karen Godenschwager  
Join us for a series of pleasurable Thursday afternoons playing American Mah Jongg. We will do our best to designate tables for beginners, intermediate and advanced level players. All play will be using The National Mah Jongg League rules and their current Official Standard Hands and Rules Card. Your table may decide to keep score; however, there can be no exchange of money at this facility. So, bring your beverage, your lunch/snack and most importantly your official NMJL card. Your 10 visit pass is good for any 10 days.

10 classes of your choice  
Ongoing until August 30  
3/1 - 5/24  
Thursdays, 11:30am - 3:00pm  
6/7 - 8/30  
Thursdays, 12:30am - 4:30pm  
Gardiner Center C1  
Fee: $20 for 10 classes  
Class #0112

ORGANIZE YOUR PHOTOGRAPHS—DON’T LET YOUR PHOTOS GO WHEN YOUR COMPUTER DOES  
Instructor: Gary Newyear  
One of the great things about digital photography is that we don’t have to pay for film. This allows us to shoot many more pictures than we used to. Learn how to organize your photos using Adobe Photoshop Elements. A little discipline and a few tools that we’ll find in Elements will permit us to easily find any photograph out of a collection of thousands.

2 classes  
March 7 - March 14  
Wednesdays, 7:00 - 9:00pm  
Kenston Middle School Computer Lab 122  
Fee: $40  
Class #0104
MICROSOFT WORD I
_Instructor: Anthony Phil Smith_

Want to make an invitation to a party you’re having? Do you have to write up a memo for work? Need to write a formal letters? In this course, you will learn to grasp the idea of Microsoft Word, its many features, and how it can help with everyday typing tasks. In addition to invitations, memos and letters, learn how create and edit any Word document you want to use. Please bring a jump drive.

**2 classes**
Tuesday, April 3 & Thursday, April 5
6:00 - 8:00pm
Kenston Middle School Computer Lab 122
Fee: $55
Class #0200

MICROSOFT WORD II
_Instructor: Anthony Phil Smith_

This advanced Word class goes into greater detail of the Words document editing features. We’ll look at how to create standardized form documents, mailing labels, incorporate photos within a document and create tables. Please bring a jump drive.

**2 classes**
Tuesday, April 10 & Thursday, April 12
6:00 - 8:00pm
Kenston Middle School Computer Lab 122
Fee: $55
Class #0201

MICROSOFT EXCEL I
_Instructor: Anthony Phil Smith_

Got bills that need money set aside? Having trouble keeping numbers straight in your head for this month’s expenses? Want to keep track of your monthly household budget or figure out what your upcoming budget is going to be? Let us teach you how to have Microsoft Excel do all that for you. Microsoft Excel I will teach you how to easily create and edit workbooks, spreadsheets, and formulas to effectively use this powerful program so you can leave the computing to the computer. Please bring a jump drive.

**2 classes**
Tuesday, April 17 & Thursday, April 19
6:00 - 8:00pm
Kenston Middle School Computer Lab 122
Fee: $55
Class #0202

MICROSOFT EXCEL II
_Instructor: Anthony Phil Smith_

Comfortable with spreadsheet basics? Excel II picks up where Excel I ends. Here we take a closer look at how to do formulas and some of the other functions Excel has to offer. Things like relative, absolute and mixed formulas along with filters and forms you can use to easily sort your data. We will also show you how to integrate information from an Excel spreadsheet with Word documents. Please bring a jump drive.

**2 classes**
Tuesday, April 24 & Thursday, April 26
6:00 - 8:00pm
Kenston Middle School Computer Lab 122
Fee: $55 per session
Class #0223
EDUCATION, LEISURE, LEARN

PRACTICAL PERSONAL PROTECTION
Instructor: Bradley Kidd, Steadfast Defense

This ongoing class will focus on inter-disciplinary self-defense skills necessary for surviving a criminal assault against 1 or more individuals in a weapons-based environment. All training will be conducted in a crawl, walk, run approach to ensure motor skill retention in the participant. Training will include pre-fight tactics, standing and grounded empty-hand skills that are conducive to quickly getting to a defensive tool (edged weapons/handguns) in extreme close-quarters of 0 to 5 ft., live-fire training, and Force-on-Force exercises with protective headgear utilizing Simunitions training pistols and marking cartridges.

Ongoing class
March 6 - August 7
Tuesdays, 6:30 - 8:00pm
River of Life Church
10205 Queens Way - Suite 3, Chagrin Falls
Fee:
10 visit pass - $200; 4 visit pass - $100
Drop in - $25
Class #0809

OCLIB CODE COURSE
Instructor: Howard Sonenstein

OCILB and the Ohio Board of Building Standards Contractors Code Courses/BBS
We have 10 hrs. OCILB credits along with 5 hrs. of either Electrical, Plumbing, or HVAC. Also offered is 2.5 hrs. of Business and Law and Health and Safety. We have BBS courses for Plumbing, Electrical and ESI/Electrical Code. Register for the class you need. REFUNDS WILL ONLY BE GIVEN IF NOTIFICATION RECEIVED 24 HOURS IN ADVANCE OF CLASS START.

1 day
A. March 24
B. June 23
Saturday, 8:00am - 6:30pm
Kenston Middle School Cafeteria
Fee:
HVAC 10 Hour - $199
HVAC 8 Hour - $169
HVAC Business Law - $61.50
HVAC 5 Hour - $114
ESI/Electrical Code - $50
Class #0855

OHIO CONCEALED HANDGUN LICENSE COURSE (CCW)
Instructor: Bradley Kidd, Steadfast Defense

This course meets and exceeds what is required by the state of Ohio for acquiring a Concealed Handgun License. Training is conducted by NRA Certified Instructors and Range Safety Officers

This course is designed to instill the proper knowledge, skills, and attitude necessary for the daily carry of a concealed firearm on your person. Material and topics of discussion include:
• Handgun (semi-automatic & revolver) nomenclature
• Safe administrative handling
• Firearm and ammunition storage in the home
• Defensive shooting positions
• Handgun ready positions
• Fundamentals of marksmanship
• Malfunctions
• Firearm maintenance
• The legalities of self-defense
• Interacting with law enforcement
• Role of unarmed combatives and “in-fight weapons access”
• Secondary defensive tools
• Students should provide at least 150 rounds of ammunition and their own firearm (although firearm rentals are available upon request for $25), as well as bring eye and ear protection.

NO LIVE AMMUNITION IS TO BE BROUGHT INTO THE CLASSROOM

1 class
A. March 4
B. August 5
Sunday, 8:00am - 2:00pm
Auburn Town Hall
11000 Washington Street, Auburn Township
Sunday, 3:00 - 5:00pm
First Strike Sports, 12375 Kinsman Road, Newbury
Fee: $115 per session to KCE and a $15 range fee to be brought to class
*Included in tuition is a $75 deposit that will not be refunded if cancellation is within 10 days of the scheduled class.
Class #0809

FOR PEOPLE WHO LOVE THE OUTDOORS

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LEARNING, GROWING, PLAYING... FOR A LIFETIME

PRIVATE SPANISH LESSONS
Instructor: Paula García

One-on-one Spanish instruction by a native Spanish speaker teacher. Whether working with kids or adults, Paula tailors her classes to meet the student’s personal or professional goals and interests, selecting conversation topics, vocabulary and materials to address their specific needs. If you are studying Spanish for work reasons, classes will incorporate job-specific vocabulary and conversation topics relevant to your profession. Preparing for a trip to a Spanish-speaking country? Classes will cover the culture and history of the place you are visiting, and you will learn local terminology and travel vocabulary. For children, the idea is to introduce Spanish in a fun and interactive way. Enroll at any time. All levels welcome. Children ages 5-18 and adults 18 and up.

5 class pass
March 1 - August 31
Call the KCE Office to arrange time that works for both instructor and student
Kenston Campus
Fee: Children 1/2 hour lessons $125
   Adult 1 hour lessons $250
   Class #0430

MEDICARE
Instructor: Laura Mutsko is a Certified Senior Advisor and an expert in Medicare

If you are approaching age 65, or going on Medicare for the first time, this is your opportunity to gain a basic understanding of how Medicare works and affects you. You will learn what Parts A, B, C and D cover and what is not covered. You will learn the difference between a Medicare Supplement and a Medicare Advantage Plan. This class will make Medicare easy to understand and you will have all of your questions answered before you need to register for Medicare.

1 class
A. Thursday, April 5
B. Tuesday, May 15
6:30 - 8:00pm
Gardiner Center C1
Fee: $15
Class #0504

WINE, WOMEN & WHEELS
Instructor: Frank Lanza

Come and Learn from The Experts! Frank Lanza of Highway Garage and Auto Body will take you through and explain the “Five Things You Should Know About Your Vehicle.”

Topics to include:
• EMERGENCY – How to handle a breakdown on the road.
• COLLISION – What do you do first?
   How do you navigate your insurance and get what you deserve?
• TIRES – How do I choose the right tires for the best value?
   Where do I buy them from? How do I maintain them?
• SERVICE – What is the proper Maintenance Schedule to follow?
   What are my car’s warranties?
• RENTALS – What you do and do not need when renting a car?

Frank will walk you through all of this and answer any questions you may have.

1 class
June 7
Thursday, 6:30 - 8:30pm
Highway Garage and Auto Body
8410 East Washington, Chagrin Falls
Fee: FREE (registration required)
Class #0420

Stay In The Know!
Create an account so you can be updated on new classes
Follow us on facebook: @KenstonCommunityEd
and twitter: @Kenston_KCE to stay up to date on any changes
Visit our website to find new or upcoming classes, kenstoncommunityed.org
New!
BASIC DOG OBEDIENCE
FOR PUPPIES
Instructor: Richard DiMarco

Get your puppy off to a great start with an experienced dog trainer. He will assist you in teaching your dog to walk without pulling, to stay, to come when called, and to “down” when told. The dog will learn good manners when in public and when around other dogs. Dogs must be three months to six months. Bring your dog the first night, as well as proof of current DHL and PARVO shots. Please indicate breed of dog and approximate weight at registration. Limited enrollment.

7 classes
A. April 17 - May 29
B. June 12 - July 24
Tuesdays, 8:00 - 9:00pm
Centerville Mills Lakeside Center
8558 Crackle Rd
Fee: $129 per session
Class #0411

INTERMEDIATE DOG OBEDIENCE
Instructor: Richard DiMarco

Development of proficiency with heeling, down and sit stays, work on increasing dog’s reliable response to commands, and developing reliable attention for those interested in future competition or therapy work. Dogs and handlers must have completed a basic obedience class. Dogs should understand heeling and be reliable on down and sit stays with handlers close by. Dogs will be evaluated on the first class. Please indicate breed of dog and approximate weight at registration. Limited enrollment.

7 classes
A. April 17 - May 29
B. June 12 - July 24
Tuesdays, 6:45 - 7:45pm
Centerville Mills Lakeside Center
8558 Crackle Rd
Fee: $129 per session
Class #0413

ADVANCED DOG OBEDIENCE
Instructor: Richard DiMarco

Previous Basic and Intermediate Dog Obedience is required. Dogs must have working knowledge and understanding of heeling, sit-stay and down-stay commands. Class will continue obedience development with an emphasis on using AKC’s newest performance event, Rally, as a training tool and fun reward for dogs and trainers. Students will learn the AKC Rally signs while perfecting their obedience skills. This class will have students of various training levels with some individuals training to begin competitive obedience. Please indicate breed of dog and approximate weight at registration. Limited enrollment.

7 classes
A. April 19 - May 31
B. June 14 - July 26
Thursdays, 8:00 - 9:00pm
Centerville Mills Lakeside Center
8558 Crackle Rd
Fee: $129 per session
Class #0415

BASIC DOG OBEDIENCE
Instructor: Richard DiMarco

An experienced dog trainer will assist you in teaching your dog to walk without pulling, to stay, to come when called, and to “down” when told. The dog will learn good manners when in public and when around other dogs. Dogs must be six months or older. Bring your dog the first night, as well as proof of current DHL and PARVO shots. Please indicate breed of dog and approximate weight at registration. Limited enrollment.

7 classes
A. April 19 - May 31
B. June 14 - July 26
Thursdays, 6:45 - 7:45pm
Centerville Mills Lakeside Center
8558 Crackle Rd
Fee: $129 per session
Class #0412
**MORNING WORKOUT**  
*Instructor: JoAnn Roeder*

This is a well-rounded exercise program using all the body muscles. Everyone works at their own level. This class is ideal as a low impact exercise. Feel good about yourself by doing something for you. An exercise mat and weights are recommended. Bands provided by instructor. Senior rate begins at age 60.

1 to 3 class per week options  
Monday, Tuesdays & Thursdays  
A. February 26 - April 19  
(no class 3/26, 3/27, 3/29)  
B. April 23 - June 7  
(no class 5/28)  
Tuesdays & Thursdays (summer)  
C. June 11 - August 1  
(no class 7/3, 7/5)  
8:30 - 9:30am  
Bainbridge Town Hall  
17826 Chillicothe Road  
Fee:  
1 day/week: $33/non-senior; $28/senior  
2 days/week: $49/non-senior; $44/senior  
3 days/week: $65/non-senior; $60/senior  
Class #0604

**WATER AEROBICS**  
*Instructor: CVAC Aquatics Instructor*

This class combines cardio and muscle strengthening with the buoyancy and low impact in a water environment. Varying depths provide different levels of intensity for a complete aerobic workout. Class is ongoing and may be joined at any time.

8 visits of your choice  
A. March 6 - May 29  
B. June 1 - August 31  
(see CVAC holiday schedule)  
Tuesdays and Fridays, 9:00 - 10:00am  
Chagrin Valley Athletic Club Pool  
17260 Snyder Road  
Fee: $48 per 8 visits  
Class #0903

**FIT AND DEFINED**  
*Instructor: Sandy Grubich*

Gain strength and flexibility with hand weights and your own bodyweight. Improve your posture, balance and build muscle. Increase your metabolism and reduce fat. Be strong, look great and best of all feel great. New to working out? Work at your own pace, this class is beginner friendly...Modifications are available. All you need is a mat, water, a pair of 3 to 5lb dumbbells. You may use heavier weights if you are experienced. We’ll work together to make you the strong, fit person you want to be.

8 classes  
A. March 20 - April 19  
(no class 3/27, 3/29)  
B. April 24 - May 17  
C. July 3 - July 26  
D. July 31 - August 23  
10:30 - 11:30am  
Gardiner Center Gym  
Fee: $45  
Class #0605

**AQUAFUSION**  
*Instructor: Nancy Schmidt, Certified Personal Trainer*

All new water workout twice a week that will give you the benefits of the five aspects of fitness. Strength, cardiovascular, body fat reduction, flexibility, and stress relief. Shallow water step aerobics on underwater benches while doing arm with 1-3 lbs. weights, then deep water jogging with belts and weights. Also kick-boxing and stretching components. Exercises that are normally done in the gym will be done in the water.

8 visits of your choice  
A. March 3 - May 29  
B. June 2 - August 28  
(see CVAC schedule for no class days)  
Tuesdays, 6:30 - 7:30pm  
Saturdays, 8:30 - 9:30am  
Chagrin Valley Athletic Club  
17260 Snyder Road  
Fee: $48 for 8 visits  
Class #0646

**GENTLE YOGA IN THE LABYRINTH GARDEN**  
*Instructor: Polly Manke*

Ground yourself in nature. Experience yoga OUTDOORS as it awakens all of the senses in the beauty and fragrance of the gardens, listening to chirping birds, trickling waters and dancing leaves. This class is appropriate for beginners and continuing students desiring to stay with a gentle practice of yoga. This is one of the sweet treats of summer. Join us. Suggestion: Bring extra padding for under your mat. Class is canceled when it is raining.

5 classes  
June 5 - July 3  
Tuesdays, 8:30 - 9:30am  
Federated Family Life Center  
Fee: $58  
Class #0682

**WATER EXERCISE**  
*Instructor: CVAC Aquatics Instructor*

This water exercise program focuses on lower extremity function, designed to improve movement, coordination, balance and posture. A variety of exercises combined with gentle walking in our warm water pool provides a "no impact" form of exercise that is safe for all levels of fitness, including joint replacement recipients. Our class is great for relieving arthritis pain and stiffness. Exercises focus on joint flexibility and range of motion. Class is ongoing, may be joined at any time.

8 visits of your choice  
March 6 - August 30  
Tuesdays, 1:00 - 2:00pm  
Chagrin Valley Athletic Club Pool  
17260 Snyder Road  
Fee: $48 per 8 visits  
Class #0904
HEALTH, FITNESS, DANCE

STRENGTH, FLEXIBILITY & YOGA
Instructor: Sandy Grubich

This class is designed to use the best elements of a yoga class and the most effective fitness techniques. Everyone, beginners to the experienced, will gain strength, flexibility, clarity of mind and relieve stress. Move through the workout at your own comfort level and pace. Modifications are always available. This is a workout you have been looking for. Bring water, a mat, two 3-5 lb. hand weights, a yoga strap or resistance cord and your commitment to a stronger, healthier you!

8 classes
A. February 26 - April 4 (no class 3/12, 3/26, 3/28, 4/2)
B. April 9 - May 2
C. May 7 - May 30 (7 class session - $40)
D. July 2 - July 30 (no class 7/4)

8 classes - Saturdays
F. April 7 - May 19 (7 class session - $40)
G. July 7 - August 25

Fee: $45 per session
Class #0650

GENTLE YOGA
Instructor: Barbara Smith & Sue Henry

Gentle yoga is a tonic for your mind, body and spirit. Increase your strength and flexibility through gentle stretching and slow flow yoga poses. Learn to lower your heart rate and blood pressure with conscious breathing. Release your stress and tension through deep relaxation. No competition here, we honor every body. Come experience the gift of gentle yoga!

6 classes
A. February 23 - April 6 (no class 3/30)
B. April 13 - May 18
C. May 25 - June 29
D. July 6 - August 10
Fridays, 8:30 - 9:30am
Burns Lindow Building,
Southwest corner of
Bainbridge Road & Route 306
Fee: $60 per session
Class #0906

BEACH YOGA
Instructor: Polly Manke

Yoga on the beach! What a beautiful way to start the day. The beach is shaded at this hour of the day and the lake is quiet and still. Stretch and move and breathe your way into feelings of peace and ease. Bring a large blanket, rug or tarp for under your yoga mat. Class is canceled when it's raining.

7 visits of your choice
June 8 - August 31
Fridays, 8:30 - 9:30am
Lake Lucerne Beach
Fee: $80 for a 7 class pass
Class #0680

New!
DEEP WATER CHALLENGE
Instructor: CVAC Aquatics Instructor

Unique program that challenges you in our deep end of pool. Fantastic workout keeps you moving. Perfect water class for those that wait to exercise in a nonrestrictive environment. Improves strength & conditioning Class is ongoing, may be joined at any time.

8 visits of your choice
March 1 - August 30
(no class 3/27, 3/29)
Tuesdays & Thursdays, 6:00 - 6:45pm
Chagrin Valley Athletic Club Pool
17260 Snyder Road
Fee: $48 per 8 visits
Class #0664

YOGA~SPIRIT~RENEWAL
Instructor: Polly Manke

Let this spring, the season or re-birth and renewal, be a season of growth and discovery. Discover a deeper sense of relationship with your True Self thru a gentle, meditative yoga practice, infused with philosophy, breath awareness and spirit. We finish with an extended deep relaxation leaving participants feeling renewed in body, mind, and spirit. This is an ongoing class, you can purchase 7 classes and attend anytime.

7 visits of your choice
March 6 - May 29
Tuesdays, 9:00 - 10:15am
Federated Family Life Center
Fee: $80 for a 7 class pass
Class #0681
REFIT®
Instructor: Laurie Sanders, ACE Certified

REFIT® is an athletic-style dance fitness experience. Our easy-to-follow formula is perfect for both beginners and fitness enthusiasts. This 45-minute, interval workout (combining cardio, balance, flexibility, and toning) will rock your body, heart, and soul with powerful moves, positive music, and a welcoming community to inspire you from the inside out. The workouts are designed for EVERYONE, every body – regardless of age, shape, size, or ability. Come sweat, laugh, burn a lot of calories, and truly enjoy your fitness revolution! Please contact me with any questions: REFITwithLaurie@gmail.com; www.facebook.com/REFITwithLaurie.

Join the party — we've been waiting for YOU!

8 classes
MORNING
A. March 6 - April 5 (no class 3/27, 3/29)
B. April 10 - May 3
C. May 8 - May 31
D. June 5 - July 3
E. July 5 - July 31
F. August 2 - August 28
Tuesdays & Thursdays, 9:30 - 10:15am
Gardiner Center Gym

EVENING
G. March 7 - April 11 (no class 3/26, 3/28, 4/2)
H. April 16 - May 9
I. May 14 - June 11 (no class 5/28)
J. June 13 - July 9 (no class 7/4) (Fee: $49)
K. July 16 - August 8
L. August 13 - September 10 (no class 9/3)
Monday & Wednesdays, 5:45 - 6:30pm
See Website for exact location
Fee: $56 per session unless noted
Class #0654

New!
MAT PILATES
Instructor: Laurie Sanders, ACE Certified

This 45-minute, low-impact conditioning workout will develop your strength, flexibility, and balance. It is designed for anyone, any body. Pilates is a system of stretching and body-weight strengthening exercises intended to provide toned muscles, improved posture, increased flexibility, and a more balanced shape. This class will keep you engaged, progressing toward your goals, and create a greater mind-body balance. It is the perfect addition to strength training and cardio classes. Plus, you will always feel comfortable working at your own level. Required Materials
Student should provide: Mat, Resistance Band/Tube, Water

8 classes
A. March 2 - April 27 (no class 3/30)
B. May 4 - June 22
C. June 29 - August 17
D. August 24 - September 28 (Fee: $42)
Fridays, 8:00 - 8:45am
Gardiner Center Gym
Fee: $56 per session unless noted
Class #0904

FUSION - FIT
Instructor: Laurie Sanders, ACE Certified

FUSION-FIT will help you to become stronger and leaner, increase your cardiovascular efficiency, and improve your balance and flexibility. This 45-minute resistance and conditioning workout is designed for new exercisers to fitness enthusiasts. We'll use a variety of techniques to keep you engaged and progressing toward your goals, and create a greater mind-body balance. It is the perfect addition to strength training and cardio classes. Plus, you will always feel comfortable working at your own level.

Required Materials
Student should provide: Dumbbells (2 - 8 lb., depending on experience), Water, an exercise mat, and a resistance band/tube.

8 classes
A. March 5 - April 11 (no class 3/12, 3/26, 3/28, 4/2)
B. April 16 - May 9
C. May 14 - June 11 (no class 5/28)
D. June 13 - July 11
E. July 16 - August 8
F. August 13 - September 10 (no class 9/3)
Tuesdays & Thursdays, 9:30 - 10:15am
Gardiner Center Gym
Fee: $56 per session
Class #0652

FIRST FRIDAY SWING DANCES, FOR SINGLES OR COUPLES
Instructor: Will Craig

It is fun... It is exciting... It is approximately 200 people swing dancing in your backyard the first Friday of every month. It is really "the happening place" in Bainbridge. The best floor... The best bands... The best atmosphere... An absolute "must do." An hour dance lesson followed by a dance, with live music and refreshments, offered the first Friday of every month. You cannot afford to miss it! Each dance begins with a one hour lesson followed by three hours of dancing. A different band each time!

First Friday of each month
March 2, April 6, May 4,
June 1, July 6, August 3
Lesson from 8:00 - 9:00pm
Dance from 9:00 - 11:30pm
Bainbridge Town Hall, 17826 Chillicothe Road
Admission Fee: $10 per adult,
$8 youth 17 years & under, $25 per family
No preregistration required. Pay at the door!
Class #0633

KCE LEARNING, GROWING, PLAYING... FOR A LIFETIME
ADULT RECREATION & SPORT

PARENT/CHILD GOLF CLINIC
Instructor: TJ Tabor and Staff

A fun and non-intimidating way for the parent and child to spend some quality time together while learning an activity for a lifetime. Introduction to the golf swing, chipping, putting, plus rules and etiquette are covered. Actual on course play and contests are done in our simulators!

6 classes
April 12 - May 18
Choose your day at registration
Thursdays, 6:00 - 7:00pm
Fridays, 6:00 - 7:00pm
Golf Dome, 8198 E. Washington Street
Fee: $185 per session includes both parent and child
Class #1756

ADULT LEARN TO PLAY GOLF
Instructor: TJ Tabor and Staff

A high quality and relaxed introduction to the fundamentals of golf at the area’s finest practice facility.

The session will cover:
• Grip, stance and posture,
• Basic fundamentals of the swing
• Iron and wood play
• Putting and the short game
• On course play in our golf simulator

6 classes
April 9 - May 17
Choose your day at registration
Mondays, 6:30 - 7:30pm
Tuesdays, 7:00 - 8:00pm
Wednesdays, 7:00 - 8:00pm
Thursdays, 10:30 - 11:30am
Golf Dome, 8198 E. Washington Street
Fee: $124 per session
Class #0712

New!
ADULT TENNIS
Instructor: Walt Oden

Never played tennis before? This is for you. If you played tennis before and stopped, it is time to start again. Join us for an OPEN to ALL program! Join us for one session or both!

6 classes
A. Stroke Production and Intro to Play
June 4 - June 20
B. Stroke Refinement and Doubles Play
June 25 - July 16 (no class 7/4)
Mondays and Wednesdays, 6:00 - 7:15pm
Kenston High School Tennis Courts
Fee: $90 per session
Class #0710

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LEARNING, GROWING, PLAYING... FOR A LIFETIME

ADULT RECREATION & SPORT

**MEN OVER 30 OPEN GYM**

Get in shape, have some fun, play some hoops at Men over 30 Open Gym. Open Gym will be every Monday and Wednesday night from 9 -10:30pm. You choose to attend one or two days.

A. March 5 - May 23
(no class 3/12, 3/26, 3/28, 4/2)
B. June 4 - August 15
Mondays and/or Wednesdays
9:00 - 10:30pm
Kenston Middle School Gym
please check website for changes
Fee: One day $55; Two days $75
Class #0718

**MEN OVER 30 PICK UP SOCCER**

Get outside, get in shape and have some fun at Sunday Night Men over 30 pick up soccer.

April 15 - October 21
(no class Memorial Day or July 4th weekends)
Sundays, 8:00 - 9:30pm
Kenston Bomber Stadium
Fee: $75
Class #1225

**COED RECREATIONAL VOLLEYBALL**

*Instructor: Matt Blowers*

Supervised “recreational” coed volleyball for those 15 years of age and older. All ability levels are welcome. Enrollment is limited to 18 players per evening. It’s volleyball for fun, come play!

March 6 - May 29
(no class 3/27)
Tuesdays, 8:30 - 10:00pm
Kenston Middle School Gym
Drop in fee: $5 per week
Class #0711

**KARATE, FITNESS & SELF-DEFENSE**

*Instructor: Carlos Robinson*

This class is intended to teach self-confidence, self discipline as well as assault prevention. Sport training and promotion from white belt through black belt. There will be a small fee for testing. Uniforms are available from the instructor at cost.

8 classes
A. March 12 - May 14
(no class 3/26, 4/2)
B. June 4 - July 23
Mondays, 7:00 - 8:25pm
Gardiner Center C3
Fee: $115
Class #0700

Discover the many ways you can explore art!
Classes for all ages, abilities, and mediums.

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Come, be an artist with us!

KCE LEARNING, GROWING, PLAYING... FOR A LIFETIME
Signing with Ms. Stephanie Classes taught by Stephanie Bowlin, a nationally certified sign language interpreter, and a licensed Signing Smart instructor. Stephanie graduated Magna cum Laude from Kent State University as an Intervention Specialist, with a bachelor’s degree in Educational Interpreting and a minor in American Sign Language. She has completed additional training in early childhood education and development.

INFANT/TODDLER SIGN LANGUAGE - DEMO CLASS
Ages Infant - 2 1/2 years
Instructor: Stephanie Bowlin

Have you heard? Using American Sign Language with your infant or toddler can reduce tantrums while enhancing cognitive development. Empower your child to be understood and to understand! Join us to see what Signing Smart is all about – we’ll be learning through play and song in a semi-structured, fun environment. A six-week class will follow.

1 class
April 9
Mondays, 11:15 - 12:00pm
Gardiner Center C4
Fee: Free
Class #1119

SIGNING SMART BEGINNER PLAY CLASS
Ages 4 months - 2 1/2 years
Instructor: Stephanie Bowlin

Do you ever wonder what your baby is thinking? Are you looking for ways to reduce frustration and tantrums for both you and your toddler? Signing Smart makes it easy! You’ll learn simple, successful, research-proven strategies to help enrich your bond with your child while supporting speech, conceptual development and long-term learning. Registration fee includes Signing Smart Beginner Handbook, Signing Smart Glossary DVD, Signing Smart Treasure Chest DVD

6 classes
April 16 - May 21
Mondays, 10:30 - 11:15am
Gardiner Center C4
Fee: $90
Class #1115

ICE SKATING FOR TOTS
Instructor: The Pond Staff

Basic beginner Ice Skating for Tots ages 3-6 at The Pond. 30 minutes of instruction and practice time until 2:00 pm. Gliders and helmets included, skate rental available.

7 classes
A. March 2 - April 20
(no class 3/16)
Fee: $100
5 classes
B. April 27 - May 25
Fee: $75
Fridays, 12:00 - 12:30pm instruction;
12:30 - 2:00pm practice
The Pond
E. Washington Street, Chagrin Falls
Class #1114

MY HANDS CAN:
TASTE-SAFE SENSORY ACTIVITY MAKE AND TAKE
Ages 18 months - 5 years
Instructor: Stephanie Bowlin

Experiences engaging multiple senses encourage children to explore their world, provide unique language encounters, and opportunities to be creative while supporting cognitive growth, and more! Adults and children will work together to create three sensory activities that are safe for little ones likely to taste their work and can be taken home and enjoyed. All materials provided.

1 class
A. May 30
B. August 8
Wednesdays, 5:00 - 6:00pm
Gardiner Center C6
Fee: $10
Class #1118
PRE-GYMNASTICS I
Ages 3 - 4 years
Instructor: Chery Bessette

Your child must be 3 years of age before the first class. This class will emphasize learning movement patterns of gymnastics and gymnastic skills which will help them increase their body awareness in space. We always incorporate learning colors, numbers, and shapes in a caring atmosphere. Learn basic tumbling skills such as cartwheels, handstands, and rolls, plus balance beam, vault, bars, and gymnastic obstacle courses with ladders and tunnels. A positive and fun approach for developing strength and coordination needed for beginner gymnastic skills.

9 classes
A. March 31 - May 26
Saturdays, 1:15 - 2:00pm
Fee: $138
5 classes
B. June 14 - July 12
Fee: $68
Thursdays, 10:00 - 10:45am
Chery’s Gymnastics, 9943 E. Washington Street
Class #1142

PRE-GYMNASTICS II
Ages 4 - 7 years
Instructor: Chery Bessette

Your child must be 4 years of age before the first class. This class will emphasize learning movement patterns of gymnastics and gymnastic skills which will help them increase their body awareness in space. We always incorporate learning colors, numbers, and shapes in a caring atmosphere. Learn basic tumbling skills such as cartwheels, handstands, and rolls, plus balance beam, vault, bars, and gymnastic obstacle courses with ladders and tunnels. A positive and fun approach for developing strength and coordination needed for gymnastic skills.

9 classes
A. March 31 - May 26
Saturdays, 2:00 - 3:00pm
Fee: $148
5 classes
B. June 12 - July 10
Tuesdays, 10:00 - 11:00am
Fee: $78
Chery’s Gymnastics, 9943 E. Washington Street
Class #1144

Chagrin Valley Athletic Club
Fun Water Adventures!

Water Babies
Increase your child’s water awareness and swim skills for a positive family experience.

Group Swimming Lessons
Half hour swimming lessons weekday, evenings and Saturday mornings. Great for all ages.

Red Cross Lifeguarding Class
Training includes CPR for professional lifeguard, first-aid, and lifeguard training. All books & equipment provided.

Water Aerobics
Cardio and muscle strengthen in a no impact environment

All classes ongoing with a variety of times available. Call soon as classes fill up. For more information and prices call 440.543.5141 ext. 143.

These programs are open to members and non-members.
START SMART ALL SPORT: BE A GOOD SPORT
Instructor: Jen Ingram

Join Coach Jen in this four-week program that will touch on a different sport each week. Children (ages 3-5) to participate in a FUN, non-threatening environment. Basketball, soccer, football and baseball are some of the sports we will enjoy by going over the basics and introducing the concept of practicing to improve. Additionally, throughout the program we will be talking and learning about the importance of being a Good Sport!

4 classes
A. April 17 - May 8
B. June 5 - June 26
Tuesdays, 6:00 - 6:45pm
Kenston Middle School Front Lawn or Gym
Fee: $50 per session
Class #1987

PARENT/CHILD ROLLER SKATING
Ages 2 - 5

These lessons are designed for children ages 2 - 5. Mom or Dad can walk or skate along with the child. The most basic skills are stressed. Come enjoy yourself with your toddler and get some exercise at the same time!

6 classes
April 11 - May 16
Wednesdays, 1:30 - 2:15pm
Chagrin Valley Roller Rink
Fee: $60 per session
Class #1113

START SMART BASEBALL
Instructor: Matt Cianciolo

Join Coach Matt in this five-week instructional program that prepares children (ages 3-5) for organized tee ball and baseball in a FUN, non-threatening environment. Parents (under the direction of Instructor), will work one-on-one with their child while learning a variety of baseball skills: throwing, catching, batting, and running/agility. The program uses age appropriate, kid-friendly equipment. It incorporates fun games and drills to teach effective baseball mechanics and enhance motor skills, while building confidence and enthusiasm in the sport of baseball. Children should bring their own baseball glove (age/size appropriate) to each session. All other equipment will be provided.

5 classes
June 2 - June 30
Saturdays, 9:00 - 9:45am
Centerville Mills Baseball Field
Fee: $60
Class #1150

PEE WEE KARATE: BEGINNERS
Ages 4-1/2 - 7 years
Instructor: Carlos Robinson

Beginning karate lessons created for children. This course teaches basic movements, stances and techniques. Emphasis is placed on coordination, movement and discipline. Parents are given creative ideas to practice at home with their child. Uniforms are available at cost from the instructor. Co-ed.

8 classes
March 15 - May 10
(no class 3/29)
June 7 - July 26
Gardiner Center C3
Thursdays, 6:30 - 7:25pm
Fee: $99
Class #1730

PEE WEE SOCCER SKILLS
Ages 3 - 6 years
Instructor: Dennis Weyn

Have your child get off on the right foot by learning foot skills from highly experienced coach. During these sessions your child will learn the fundamentals of soccer in a “fun” atmosphere. Dribbling, passing, shooting and a variety of other foot skills will be emphasized. Dennis Weyn is Director of Coaching for Eastside Kickers, Director of coaching for OPFC, Director of Ohio North Tikes and Spikes program and Founder of Weyn Soccer Group. Class open to boys and girls.

8 classes
March 13 - May 8
(no class 3/27)
Gardiner Center Gym or Settlers Park weather permitting
Tuesdays, 1:00 - 2:00pm
Fee: $139
Class #1128

START SMART BASEBALL
Instructor: Matt Cianciolo

Join Coach Matt in this five-week instructional program that prepares children (ages 3-5) for organized tee ball and baseball in a FUN, non-threatening environment. Parents (under the direction of Instructor), will work one-on-one with their child while learning a variety of baseball skills: throwing, catching, batting, and running/agility. The program uses age appropriate, kid-friendly equipment. It incorporates fun games and drills to teach effective baseball mechanics and enhance motor skills, while building confidence and enthusiasm in the sport of baseball. Children should bring their own baseball glove (age/size appropriate) to each session. All other equipment will be provided.

5 classes
June 2 - June 30
Saturdays, 9:00 - 9:45am
Centerville Mills Baseball Field
Fee: $60
Class #1150

PEE WEE KARATE: BEGINNERS
Ages 4-1/2 - 7 years
Instructor: Carlos Robinson

Beginning karate lessons created for children. This course teaches basic movements, stances and techniques. Emphasis is placed on coordination, movement and discipline. Parents are given creative ideas to practice at home with their child. Uniforms are available at cost from the instructor. Co-ed.

8 classes
March 15 - May 10
(no class 3/29)
June 7 - July 26
Gardiner Center C3
Thursdays, 6:30 - 7:25pm
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Class #1730

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Gardiner Center Gym or Settlers Park weather permitting
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5 classes
June 2 - June 30
Saturdays, 9:00 - 9:45am
Centerville Mills Baseball Field
Fee: $60
Class #1150

PEE WEE SOCCER SKILLS
Ages 3 - 6 years
Instructor: Dennis Weyn

Have your child get off on the right foot by learning foot skills from highly experienced coach. During these sessions your child will learn the fundamentals of soccer in a “fun” atmosphere. Dribbling, passing, shooting and a variety of other foot skills will be emphasized. Dennis Weyn is Director of Coaching for Eastside Kickers, Director of coaching for OPFC, Director of Ohio North Tikes and Spikes program and Founder of Weyn Soccer Group. Class open to boys and girls.

8 classes
March 13 - May 8
(no class 3/27)
Gardiner Center Gym or Settlers Park weather permitting
Tuesdays, 1:00 - 2:00pm
Fee: $139
Class #1128

START SMART BASEBALL
Instructor: Matt Cianciolo

Join Coach Matt in this five-week instructional program that prepares children (ages 3-5) for organized tee ball and baseball in a FUN, non-threatening environment. Parents (under the direction of Instructor), will work one-on-one with their child while learning a variety of baseball skills: throwing, catching, batting, and running/agility. The program uses age appropriate, kid-friendly equipment. It incorporates fun games and drills to teach effective baseball mechanics and enhance motor skills, while building confidence and enthusiasm in the sport of baseball. Children should bring their own baseball glove (age/size appropriate) to each session. All other equipment will be provided.

5 classes
June 2 - June 30
Saturdays, 9:00 - 9:45am
Centerville Mills Baseball Field
Fee: $60
Class #1150

PEE WEE SOCCER SKILLS
Ages 3 - 6 years
Instructor: Dennis Weyn

Have your child get off on the right foot by learning foot skills from highly experienced coach. During these sessions your child will learn the fundamentals of soccer in a “fun” atmosphere. Dribbling, passing, shooting and a variety of other foot skills will be emphasized. Dennis Weyn is Director of Coaching for Eastside Kickers, Director of coaching for OPFC, Director of Ohio North Tikes and Spikes program and Founder of Weyn Soccer Group. Class open to boys and girls.

8 classes
March 13 - May 8
(no class 3/27)
Gardiner Center Gym or Settlers Park weather permitting
Tuesdays, 1:00 - 2:00pm
Fee: $139
Class #1128
**GROUP SWIM LESSONS**  
Ages 4 - 12 years  
**Instructor:** Chagrin Valley Athletic Club, Maria Eidam, Aquatics Instructor

A modified American Red Cross Swimming & Water Safety Program features stair-step levels based on a swimmer's skills. Each level is designed to challenge your child to learn aquatic and safety skills in an engaging environment.

**Preschool Beginner**  
Children are not yet comfortable putting their face in the water, need support to float, and want to become more comfortable in the water.

**Preschool Intermediate**  
Children are comfortable putting their face in the water and fully submerge, can make some forward movement in the water, and are ready to learn back crawl.

**Preschool Advanced**  
Children can swim beginner front and back, crawl unassisted for 5 yards, are not afraid of deep water and ready to learn new skills.

**Level 1**  
Children will learn an introduction to water skills such as enter/exit pool safely, picking up submerged objects, front and back floats, an introduction to trending, and using arm and legs actions together.

**Level 2**  
Children will roll from front to back by themselves, swim on front and back with forward locomotion, tread water with arm and leg action, and advance their front and back glides.

**Level 3**  
Participants will jump and float in deep water, learn how to go from a vertical position in the water to horizontal, swim the length of the pool front and back crawl, and learn Breaststroke and Butterfly.

**New! SUMMER MORNING SPEED SESSIONS**  
Ages 4 years and up  
**Instructor:** CVAC Aquatics Staff

Fast paced American Red Cross based course to give your child the extra endurance they need for summer swimming fun.

**Course Date(s):** June 4th to 8th, June 11th to 15th, June 18th to 22nd, June 25th to 29th, July 9th to 13th, July 16th to 20th, July 23rd to 27th, July 30th to August 3rd

**Time(s):** Mondays, Tuesdays, Wednesdays, Thursdays & Fridays  
**Preschool Beginner** 8:30 - 9:00am  
**Preschool Intermediate** 9:00 - 9:30am  
**Preschool Advanced** 9:30 - 10:00am  
**Level 1** 8:30 - 9:00am  
**Level 2** 9:00 - 9:30am  
**Level 3** 9:30 - 10:00am  
Choose your date and level at registration.

**1 week sessions**  
June 4th - August 3rd  
Choose your week and levels at registration  
Chagrin Valley Athletic Club Pool 17260 Snyder Road  
Fee: $92 per week  
Class #1762

**WATERBABIES**  
Ages 6 months - 36 months  
**Instructor:** Maria Eidam

This course is for children between 6 months and 3 years of age become comfortable in and around the water. This course teaches parents techniques that help their child adjust to the water and appropriate skills for their age. This class is an enjoyable experience for all, and can be used as preparation for progressive swimming lessons.

**Course Date(s):** A. March 3 - April 21 (Fee: $160)  
B. April 28 - May 19 (Fee: $92)  
C. June 9 - July 28 (Fee: $160)  
D. August 4 - September 1 (Fee: $115)  
**Saturdays** 10:15 - 10:45am  
Chagrin Valley Athletic Club Pool 17260 Snyder Road  
Fee: varies per session  
Class #1170

**Registration will close 48 hours prior to the start of the session. In each group lesson, there will be a minimum of 3 participants. Chagrin Valley Athletic Club reserves the right to cancel or combine classes. Session is ongoing. Session will not be pro rated for missed days. No refunds or make up days.**

**A. February 26 - April 19 (Fee: $160)**  
**B. April 23 - May 19 (Fee: $92)**  
**C. June 4 - July 28 (Fee: $160)**  
**D. July 30 - September 1 (Fee: $115)**

Choose your day and level at registration  
Chagrin Valley Athletic Club 17260 Snyder Road, Bainbridge  
Fee: varies per session  
Class #1760
American Sign Language Classes taught by Stephanie Bowlin, a nationally certified sign language interpreter, and a licensed Signing Smart instructor. Stephanie graduated Magna cum Laude from Kent State University as an Intervention Specialist, with a bachelor’s degree in Educational Interpreting and a minor in American Sign Language. She has completed additional training in early childhood education and development.

New!
AMERICAN SIGN LANGUAGE
Grades entering 1 - 5
Instructor: Stephanie Bowlin

Students will develop beginning level ASL communication skills - receptive (viewing) and expressive (signing) – with vocabulary and grammar in a cultural context. Topics will include the ASL alphabet and numbers as well as basic vocabulary, grammar and Deaf culture. Learning will take place though age-appropriate, interactive games and activities as well as teacher instruction.

6 week session
June 13 - July 25 (no class 7/4)
A. Grades 1 - 3
Wednesdays, 1:00 - 1:45
B. Grades 4 - 5
Wednesdays, 2:00 - 2:45
Gardiner Center C3
Fee: $75
Class #1440
YOUTH EDUCATION

CARTOONING
Grades 3 - 5
Instructor: Abigail Hayter

Are you fascinated with cartoons? Have you ever wanted to bring your cartooning to life? If so, this class is perfect for you! Abigail will teach a step by step process on drawing your character(s) but also how to make your character(s) jump off the page! Discover your artistic side; all you need to bring is imagination!

5 classes
A. March 7 - April 11 (no class 3/28)
Wednesdays, 3:30 - 4:30pm
Gardiner Center C5
B. July 9 - July 13
Monday - Friday, 12:00 - 1:00pm
Gardiner Center C6
Fee: $50
Class #1401

ART WITH MRS. MANTZ
Grades K - 5
Instructor: Mrs. Mantz

The spring and summer classes will include lots of projects made with a variety of materials in the areas of drawing, cartooning, painting, printmaking, sculpture, crafts, textiles, paper arts, and ceramics (Yeah – clay!). Each day of the week will have a different emphasis or theme. So, get your “Art On” and let’s have some fun! $35 supply fee due at first class.

7 classes
A. Mondays, April 9 - May 21
B. Tuesdays, April 10 - May 22
C. Wednesdays, April 11 - May 23
3:30 - 5:30pm
Summer sessions
D. Mondays, June 4 - July 30
E. Tuesdays, June 5 - July 31
F. Wednesdays, June 6 - August 1
G. Thursdays, June 7 - August 2
(no summer classes July 2 - 13)
1:00 - 3:00pm
Mrs. Mantz’s Purple Pantz Art Studio
9967 East Washington St., Unit A
Fee: $105 per session
Class #1420

SUPER SITTER
Ages 10 and up
Instructor: Stacy Cianciolo

Are you looking for a babysitting job? Do you have younger siblings who need watching? If you answered “yes” to either of the questions, this course is for you! You will get the answers to the other questions during class. You will also receive instruction in basic babysitting skills, including safety, CPR, infant and childcare, fun and games, creative ideas, snacks and other helpful hints. You can become a fun and helpful sitter.

1 class
A. Saturday, April 28
B. Tuesday, July 17
Gardiner Center C5
9:00am - 12:00pm
Fee: $35 per session
Class #1402

NEW!
SUPER THERAPY
Ages 6 and up
Instructor: Sarah Brown

Super Therapy is a unique, innovative, and fun program for children with disabilities ranging from learning, physical, and social disorders. Super Therapy will provide the children with therapeutic goal directed activities that help to build self-esteem, self-confidence, and improve motor skills. The activities in this program are designed to stimulate learning in a fun and educational setting. The children will learn to work together, make friends, and have a lot of fun!

12 classes
A. Tuesdays, April 24 - June 19
B. Thursdays, April 26 - June 21
3:30 - 5:30pm
Mrs. Mantz’s Purple Pantz Art Studio
9967 East Washington St., Unit A
Fee: $105 per session
Class #1410

SUPER SITTING
Ages 8 and up
Instructor: Abigail Hayter

Are you interested in becoming a babysitter? Do you want to learn about babysitting and have fun doing it? If so, this class is for you! You will learn about safety, nutrition, first aid, and other important skills. You will also have the chance to practice what you have learned in a babysitting setting. This class is open to anyone who wants to become a babysitter.

1 class
A. Saturday, May 5
Gardiner Center C5
9:00am - 12:00pm
Fee: $35 per session
Class #1411

SUPER SITTER
Ages 8 and up
Instructor: Stacy Cianciolo

Are you interested in becoming a babysitter? Do you want to learn about babysitting and have fun doing it? If so, this class is for you! You will learn about safety, nutrition, first aid, and other important skills. You will also have the chance to practice what you have learned in a babysitting setting. This class is open to anyone who wants to become a babysitter.

1 class
A. Saturday, May 5
Gardiner Center C5
9:00am - 12:00pm
Fee: $35 per session
Class #1411

SUPER THERAPY
Ages 6 and up
Instructor: Sarah Brown

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12 classes
A. Tuesdays, April 24 - June 19
B. Thursdays, April 26 - June 21
3:30 - 5:30pm
Mrs. Mantz’s Purple Pantz Art Studio
9967 East Washington St., Unit A
Fee: $105 per session
Class #1410

SUPER SITTING
Ages 8 and up
Instructor: Abigail Hayter

Are you interested in becoming a babysitter? Do you want to learn about babysitting and have fun doing it? If so, this class is for you! You will learn about safety, nutrition, first aid, and other important skills. You will also have the chance to practice what you have learned in a babysitting setting. This class is open to anyone who wants to become a babysitter.

1 class
A. Saturday, May 5
Gardiner Center C5
9:00am - 12:00pm
Fee: $35 per session
Class #1411

SUPER THERAPY
Ages 6 and up
Instructor: Sarah Brown

Super Therapy is a unique, innovative, and fun program for children with disabilities ranging from learning, physical, and social disorders. Super Therapy will provide the children with therapeutic goal directed activities that help to build self-esteem, self-confidence, and improve motor skills. The activities in this program are designed to stimulate learning in a fun and educational setting. The children will learn to work together, make friends, and have a lot of fun!

12 classes
A. Tuesdays, April 24 - June 19
B. Thursdays, April 26 - June 21
3:30 - 5:30pm
Mrs. Mantz’s Purple Pantz Art Studio
9967 East Washington St., Unit A
Fee: $105 per session
Class #1410
**BOMBER PREFLIGHT BEFORE SCHOOL PROGRAM**

**Grades K - 5**  
**Instructor:** Heather White, former K-12 special education teacher with over 10 years of teaching experience.

Bomber Preflight Before School Program provides before school morning care and activities for children in Kindergarten thru 5th grades. Child care providers will encourage educational and physical activity in a relaxed and carefully designed environment. Get your children off to a good start. Head to work on time and within budget... *Preflight and Go!*

**4th quarter/9 weeks per session for the 2017-2018 school year**

4th: March 12, 2018 - May 24, 2018

**4 quarters/9 weeks per session for the 2018-2019 school year**

1st: August 15, 2018 - October 11, 2018  
2nd: October 15, 2018 - December 21, 2018  
3rd: January 7, 2019 - March 7, 2019  
4th: March 11, 2019 - May 24, 2019

**Typical morning looks like (times and activities may vary)**

Parent/guardian must walk their child(ren) into school and sign them in every day.  
7:00 - 7:45am: Drop-off, eat packed breakfast, finish homework  
7:45 - 8:25am: Physical Activity including yoga/stretch, jump rope, hula hoop, etc.  
8:25 - 8:35am: Dismissal

**Fee Structure:**

Partial week - 3 or 4 days/week  
3 days per week - $250 per child, per quarter ($1000/year/child)  
4 days per week - $325 per child, per quarter ($1,300/year/child)  
No partial payments are available with partial week enrollments.

5 days per week - payment options  
1. Per quarter, spot not guaranteed = $380.00  
($1520/year/child)  
2. Per quarter, guaranteed spot = $200 non-refundable deposit prior to 1st quarter plus 4 quarterly installments of $310 via Autopay. Non payment results in late fee and/or loss of spot. ($1440/year/child)  
3. Full Year = $1,380 (full amount due at registration prior to 1st quarter)

Join us for some early morning fun! Program follows the Kenston Local Schools calendar and is not available when the schools are closed for holidays and calamity days. Grants are NOT available for this program. Registration is first-come, first-served. All students must be registered prior to attending the program. Parents are responsible for providing a bus pass from their school.  
Class #1500

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**CHAGRIN VALLEY ATHLETIC CLUB KIDS AFTER SCHOOL PROGRAM**

**Grades K - 5**  
**Instructor:** Teri Dombrowski, Fitness Manager, BS in exercise, experience running many kids programs

Kids have a blast playing fun active games, getting a start on homework and enjoying pool time. Snack provided daily. Kenston bus will drop off at CVAC. (Call KCE For bus number) Upon arrival kids get a snack and get started on homework. Outdoor play weather permitting daily; kick ball, dodge ball, volleyball, basketball. Swim on Fridays. This follows the Kenston School Schedule. Busing provided from Kenston Schools.

**4 quarters/9 weeks per session for the 2017-2018 school year**

4th: March 12, 2018 - May 24, 2018

**Typical afternoon looks like (times and activities may vary):**

3:30 - 3:45pm: Arrive and snack  
3:45 - 4:15pm: Homework/reading  
4:15 - 6:00pm: Gaga Ball & organized activities  
6:00pm: Pickup

**Fee Structure:**

1 day per week - $225 per child, per quarter  
2 days per week - $450 per child, per quarter  
3 days per week - $675 per child, per quarter  
4 days per week - $864 per child, per quarter  
5 days per week - $1035 per child per quarter

Join us for after school fun! Program follows the Kenston Local Schools calendar and is not available when the schools are closed for holidays and calamity days. Grants are NOT available for this program. Registration is first-come, first-served. All students must be registered prior to attending the program. Parents are responsible for providing a bus pass from their school.  
Class #1501
MAD SCIENCE BRIXOLOGY, CARNIVALS AND OTHER CREATIONS

Grades 1 - 5

Our captivating new STEM program uses LEGO® bricks and customized builds designed with a LEGO® Certified Designer to introduce children to engineering in a fun and engaging way! Our expert and highly engaging instructors will guide students as they utilize critical thinking, cooperation, and creative, hands-on problem-solving to test and improve their creations. In addition, they will experience extended learning with a take home item to reinforce each concept! Class topics include: Carnivals (create a carnival ride), Creatures (build a creature that can really crawl), Machines (Make a machine that draws pictures), and Towers (It’s skyscrapers galore!)

4 classes
April 9 - April 30
Mondays, 3:35 - 4:35pm
Gardiner Center C6
Fee: $79
Class #1426

JR. FIRST LEGO LEAGUE

Grades K - 4

Gather your crew and get ready to explore, challenge and innovate in the demanding and inspiring expanse we call space! The 2018/2019 Junior FIRST LEGO League season requires you to work together to break out of your earthly constraints. Do you have what it takes to go INTO ORBIT? Each year, FIRST® LEGO® League Jr. presents a new and exciting Challenge to ignite the creativity of children age 6 to 10. While exploring a real-world theme, teams will use basic engineering and coding concepts to build a model made of LEGO® elements. They will also learn to present information through a Show Me Poster. Throughout their experience, teams will operate under the FIRST® LEGO® League Jr. Core Values, celebrating discovery, teamwork, and Gracious Professionalism®. Season begins in August and runs through January. Practice schedule is based upon coaches availability.

Season begins in August and runs through January.
Practice schedule is based upon coaches availability.
Fee: $75
Class #2401a

FIRST LEGO LEAGUE

Grades 4 - 8

Gather your crew and get ready to explore, challenge and innovate in the demanding and inspiring expanse we call space! The 2018/2019 FIRST LEGO League season requires you to work together to break out of your earthly constraints. Do you have what it takes to go INTO ORBIT? During the INTO ORBIT season, teams will choose and solve a real-world problem in the Project. They will also build, test, and program an autonomous robot using LEGO MINDSTORMS® technology to solve a set of missions in the Robot Game. Throughout their experience, teams will operate under the FIRST LEGO League signature set of Core Values, celebrating discovery, teamwork, and Gracious Professionalism®. Teams start forming in May. Season begins in August and runs through January. Practice schedule is based upon coach’s availability.

Teams start forming in May.
Season begins in August and runs through January.
Practice schedule is based upon coach’s availability.
Fee: $100
Class #2401b
AFTER-SCHOOL ENGINEERING CLUB
BY CLASSROOM ANTICS
Grades K - 5
Classroom Antics’ Mission is to inspire, excite, and enrich the lives of children in today’s world focused on science and technology. To deliver educational hands-on STEM programs that promote enrichment, creativity, and teamwork in the safest environment possible. And most importantly, have fun. Each module offers a unique engineering focus.

Get Charged!
How often do you use electricity?
How many different devices in your house use electricity?
How many different devices power our world?
Let’s get charged as we learn about all kinds of electrical devices, from toys to smart phones. While it may seem simple for us to turn on a switch, Electrical Engineers put a lot of work into designing helpful devices that use energy efficiently. In this module, we will learn what goes on inside electronic devices, including how circuits, switches, and batteries all work together to create light, movement, or sound. Then, we will use this knowledge to build games like “Don’t Touch the Wire” buzzer game, create art with tiny “Wigglebot” robots, and send messages to people across the room using only light and sound made from LED lights and buzzers.

PRIVATE SPANISH LESSONS
Ages 5 and up: Instructor: Paula García
One-on-one Spanish instruction by a native Spanish speaker teacher. Whether working with kids or adults, Paula tailors her classes to meet the student’s personal or professional goals and interests, selecting conversation topics, vocabulary and materials to address their specific needs. If you are studying Spanish for work reasons, classes will incorporate job-specific vocabulary and conversation topics relevant to your profession. Preparing for a trip to a Spanish-speaking country? Classes will cover the culture and history of the place you are visiting, and you will learn local terminology and travel vocabulary. For Children, the idea is to introduce Spanish in a fun and interactive way. Join in any time. All levels welcome. Children ages 5-18 and adults 18 and up.

ART WITH MATT BLOWERS
Grades 1 - 5
Instructor: Matt Blowers
Matt loves working with kids who love to dabble with clay, watercolors, acrylics, and Sculpey II. He shares his great joy for art with each child, guiding them to create things they never imagined they could! Join Matt and discover talents hidden in you. All materials provided. Please bring an art smock/T-shirt and a smile. Ideas are available at no extra charge. Busing available on Kenston Campus.

SKATING LESSONS
(ROLLER/IN-LINE)
Grades K - 5
Instructor: Chagrin Valley Roller Rink staff
Starting, stopping, gliding, striding, squatting, marching, scissors, crosses and more will be the focus of this class. There will be a 45-minute lesson, which includes 5 minutes of warm-up and 5 minutes of practice afterwards. Course includes five lessons and the sixth class allows students a chance to show family and friends what they’ve learned in a fun-time skate.

Note: If you bring your own outdoor skates, they must be clean and in good condition.

GUITAR LESSONS
Ages 10 - Adult
Instructor: Tom Letizia
Tom specializes in a personal approach to each student’s musical needs and goals. Students can choose a personalized program – from just learning how to play songs for fun at home, working on being in a rock band or performing solo. Must own or rent guitar; $12 material fee for book.

10 yrs to adult welcome. Please contact the KCE office to set up your 1/2 hour time slot for this 5 week session.

5 classes
A. March 19 - April 30
(no class 3/26, 4/2)
B. May 7 - June 11
(no class 5/28)
C. June 18 - July 16
D. July 23 - August 20
E. August 27 - September 10

Kenston Middle School, Band Room
Call KCE to schedule your 1/2 hour lesson between 2:30 - 7:00pm
Fee: $100 per lesson plus $12 material fee paid to instructor as needed for music books
Class #1467
PEE WEE KARATE: BEGINNERS  
Ages 4-1/2 - 7 years  
Instructor: Carlos Robinson  
Beginning karate lessons created for children. This course teaches basic movements, stances and techniques. Emphasis is placed on coordination, movement and discipline. Parents are given creative ideas to practice at home with their child. Uniforms are available at cost from the instructor. Co-ed  
8 classes  
March 15 - May 10  
(no class 3/29)  
June 7 - July 26  
Gardiner Center C3  
Thursdays, 6:30 - 7:25pm  
Fee: $90  
Class #1730

PEE WEE KARATE: ADVANCED BEGINNERS  
Ages 7 - 12 years  
Instructor: Carlos Robinson  
A continuation of beginning karate, emphasis on discipline and advanced technique. Required; completion of a beginner’s course in Karate. Uniforms are available at cost from instructor. Co-ed  
8 classes  
March 15 - May 10  
(no class 3/29)  
June 7 - July 26  
Gardiner Center C3  
Thursdays, 6:30 - 7:25pm  
Fee: $90  
Class #1731

RETRO RECESS  
Grades K - 5  
Instructor: Matt Blowers  
It’s the best thing to happen for Kenston children in 1st to 5th grade ever! Turn off the X-box, hand held computer games, and the cell phones and try some good old fashioned fun. If your child thinks SPUD! is just a potato, and RED LIGHT, GREEN LIGHT is an annoying stop on the way to some local fast food and MOTHER MAY I? is a polite way to get some allowance, then they should sign up for some Retro Recess. They will discover a time machine, full of dodge balls, kick balls, crab soccer balls, plus playground games that will require real thinking and skill. Matt Blowers is an overgrown child who still plays those old fashioned games. He will introduce them to all the games you loved as a kid. In the spring we will do outside playground games. YAAAAAYYY!  
5 classes  
April 9 - May 21  
(no class 4/30, 5/7)  
Fee: $75  
Mondays, 3:30 - 5:00pm  
see website for the exact location  
Class #1777

DEVELOPMENTAL HOCKEY  
Ages 6 years and up  
This curriculum follows USA Hockey’s American Development Model. Combining skills on Saturday and an optional supervised scrimmage on Sundays at 3:10pm. Full equipment required. Rental available at ticket counter.  
7 classes  
A. March 3 - April 21  
(no class 3/17)  
Fee: $120  
5 classes  
B. April 28 - May 26  
Fee: $90  
Saturdays, 8:10 - 8:55am  
The Pond  
East Washington Street, Chagrin Falls  
Class #1779

STARTER LEARN TO PLAY HOCKEY  
Ages 4 - 8 years  
This program is for first time skaters and future hockey players. Skills and fun! Full equipment required, rental available at ticket counter.  
7 classes  
A. March 3 - April 21  
(no class 3/17)  
Fee: $120  
5 classes  
B. April 28 - May 26  
Fee: $90  
Saturdays, 8:10 - 8:55am  
The Pond  
East Washington Street, Chagrin Falls  
Class #1779

BACK BY POPULAR DEMAND!  
INTRODUCTION TO FOIL FENCING  
Ages 8 - Adult  
Instructor: Tom Nagy  
This program is designed to introduce students to the fundamentals of modern foil fencing. Instruction includes stretching, footwork, lunges, attack, parry-riposte, strategy, tactics, techniques, and bouting. Fun and safety are emphasized. Fencing improves hand-eye coordination, agility, dexterity, and stamina, as well as developing social skills and manners. All equipment is provided. Class limited to 20.  
6 classes  
April 4 - May 9  
Wednesdays, 3:30 - 4:45pm  
Gardiner Center C3  
Fee: $79  
Class #1729

DEVELOPMENTAL HOCKEY  
Ages 6 years and up  
This curriculum follows USA Hockey’s American Development Model. Combining skills on Saturday and an optional supervised scrimmage on Sundays at 3:10pm. Full equipment required. Rental available at ticket counter.  
7 classes  
A. March 3 - April 21  
(no class 3/17)  
Fee: $120  
5 classes  
B. April 28 - May 26  
Fee: $90  
Saturdays, 8:10 - 8:55am  
The Pond  
East Washington Street, Chagrin Falls  
Class #1779
PARKOUR/URBAN FLOOR TUMBLING
Ages: 6 - 10 years
Instructor: Tim Bilicic

This class is for boys that like to run, jump, flip, and roll. A high energy class using spring boards, foam pits, and mini-trampolines in a safe padded environment. Learn cartwheels, rolls, and more! Super fun!

9 classes
March 31 - May 26
Fee: $168
Saturdays, 1:15 - 2:30pm
Chery’s Gym, 9943 E. Washington Street
Class #1701

BEGINNER GYMNASTICS OFF THE BUS
Ages 7 - 14 years
Instructor: Chery Bessette

Class will have an emphasis on proper warm-ups, stretching, strengthening exercises, and introduce the basic skills used in gymnastics. Students learn gymnastic skills on all equipment: uneven bars, balance beam, floor tumbling, plus vault. Students will enjoy our ever changing theme of the week for a fun and new experience every day in a fun and caring atmosphere.

9 classes
A. March 27 - May 22
Tuesdays, 3:45 - 5:00pm
Fee: $168
5 classes
B. June 11 - July 9
Mondays, 6:15 - 7:30pm
Fee: $98
Chery’s Gym, 9943 E. Washington Street
Class #1702

INTERMEDIATE GYMNASTICS OFF THE BUS
Ages 7 - 14 years
Instructor: Chery Bessette

Students must be able to perform one arm cartwheels, handstand into a bridge, back ward rolls, pullover on bars, and round-off off balance beam. More advanced skills will be introduced on all pieces of equipment, including back handsprings, challenging students to progress onto our gymnastics team or recreationally with an emphasis on building flexibility and strength, in a fun, caring and positive atmosphere. Students will be encouraged to learn how to develop into an independent gymnast, as well as build their self confidence. Busing Available from Kenston Schools.

9 classes
A. March 29 - May 24
Thursdays, 3:45 - 5:15pm
Fee: $178
5 classes
B. June 13 - July 11
Wednesdays, 5:45 - 7:15pm
Fee: $108
Chery’s Gym, 9943 E. Washington Street
Class #1703

KCE RUN CLUB
Grades 3 - 6
Instructor: Jen (Holzheimer) Ingram

From an after school couch potato to fit for fun! Looking for a way to get in shape, make friends and get involved. Join KCE Run Club. Grades 3 - 6 will come together 3 times a week after school to run. The goal is to help the kids reach the goal of being fit and enjoy running as a life long sport.

18 classes
April 10 - May 23
Tuesdays, Wednesdays, Thursdays
3:45 - 4:45pm
(Supervised Study Hall available for 6th graders)
Kenston High School Trails
Fee: $75 per session
Class #1976
TIGER CUBS GOLF CLINIC
Ages 4 - 7 years
Instructors: TJ Tabor and Staff

A great way to start your future “Tigers.” An introduction to the basic fundamentals with an emphasis on hand-eye coordination and having fun! See Youth Recreation for information on Tiger 2’s.

6 classes
April 9 - May 18
Choose your day at registration
Mondays, 4:30 - 5:00pm
Wednesdays, 4:00 - 4:30pm
Fridays, 5:00 - 5:30pm
Fee: $60 per session
The Golf Dome
8198 East Washington, Chagrin Falls
Class #1753

TIGER 2’S GOLF
Ages 5 - 7 years, must have gone through the Tiger Cub program
Instructors: TJ Tabor and Staff

A review of the fundamentals covered in the Cub program with new more challenging games and drills to keep your Tiger progressing.

6 classes
April 11 - May 16
Wednesdays, 4:30 - 5:00pm
The Golf Dome, 8198 E. Washington Street
Fee: $60 per session
Class #1754

PARENT/CHILD GOLF CLINIC
Instructor: TJ Tabor and Staff

A fun and non-intimidating way for the parent and child to spend some quality time together while learning an activity for a lifetime. Introduction to the golf swing, chipping, putting, plus rules and etiquette are covered. Actual on course play and contests are done in our simulators!

6 classes
April 12 - May 18
Choose your day at registration
Thursdays, 6:00 - 7:00pm
Fridays, 6:00 - 7:00pm
Golf Dome, 8198 E. Washington Street
Fee: $185 per session includes both parent and child
Class #1756

JUNIOR LEARN TO PLAY GOLF
Ages 8 - 12 years
Instructors: TJ Tabor and Staff

The ideal opportunity to learn the game of a lifetime at an early age. The session will cover:
• Grip, stance, posture fundamentals of the swing
• Iron and wood play
• The Short Game: chipping and putting
• Fun Day: Long drive and putting contests

6 classes
April 10 - May 19
Choose your day at registration
Tuesdays, 5:00 - 6:00pm
Thursdays, 5:00 - 6:00pm
Saturdays, 9:30 - 10:30am
Fee: $124 per session
The Golf Dome, 8198 E. Washington Street
Class #1755

JUNIOR INTERMEDIATE GOLF
Ages 8 - 12 years
Instructors: TJ Tabor and Staff

The intermediate clinic builds on the basic golf fundamentals, but adds new and more advanced swing throughs. Each student will receive the US Kids Golf Level 2 booklet which has form and skill tests for full swing, chipping, putting, pitching, sand shots, plus playing (nine holes in our golf simulator). As the student successfully learns and completes each skill test, they are rewarded with a Level 2 personal tee pin. Once all elements are in Level 2 book successfully completed, the golfer moves to the Level 3 booklet. Open to players with prior golf experience.

6 classes
April 11 - May 19
Choose your day at registration
Thursdays, 5:00 - 6:00pm
Saturdays, 10:30 - 11:30am
Fee: $124 per session
The Golf Dome, 8198 E. Washington Street
Class #1756
GROUP SWIM LESSONS
Ages 4 - 12 years
Instructor: Chagrin Valley Athletic Club, Maria Eidam, Aquatics Instructor

A modified American Red Cross Swimming & Water Safety Program features stair-step levels based on a swimmer's skills. Each level is designed to challenge your child to learn aquatic and safety skills in an engaging environment.

Preschool Beginner
Children are not yet comfortable putting their face in the water, need support to float, and want to become more comfortable in the water.

Preschool Intermediate
Children are comfortable putting their face in the water and fully submerge, can make some forward movement in the water, and are ready to learn back crawl.

Preschool Advanced
Children can swim beginner front and back, crawl unassisted for 5 yards, are not afraid of deep water and ready to learn new skills.

Level 1
Children will learn an introduction to water skills such as enter/exit pool safely, picking up submerged objects, front and back floats, an introduction to trending, and using arm and legs actions together.

Level 2
Children will roll from front to back by themselves, swim on front and back with forward locomotion, tread water with arm and leg action, and advance their front and back glides.

Level 3
Participants will jump and float in deep water, learn how to go from a vertical position in the water to horizontal, swim the length of the pool front and back crawl, and learn Breaststroke and Butterfly.

Class offered:
<table>
<thead>
<tr>
<th>Mondays, Tuesdays or Thursdays</th>
<th>Saturdays</th>
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<tbody>
<tr>
<td>Preschool Beginner 4:30 - 5:00pm</td>
<td>Preschool Beginner 9:00 - 9:30am</td>
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<tr>
<td>Preschool Intermediate 5:00 - 5:30pm</td>
<td>Preschool Intermediate 9:30 - 10:00am</td>
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<tr>
<td>Preschool Advanced 5:30 - 6:00pm</td>
<td>Preschool Advanced 10:00 - 10:30am</td>
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<tr>
<td>Level 1 5:30 - 6:00pm</td>
<td>Level 1 10:30 - 11:00am</td>
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<td>Level 2 6:00 - 6:30pm</td>
<td>Level 2 11:00 - 11:30am</td>
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<tr>
<td>Level 3 6:30 - 7:00pm</td>
<td>Level 3 11:30 - 12:00pm</td>
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</tbody>
</table>

Registration will close 48 hours prior to the start of the session. In each group lesson, there will be a minimum of 3 participants. Chagrin Valley Athletic Club reserves the right to cancel or combine classes. Session is ongoing. Session will not be pro rated for missed days. No refunds or make up days.

A. February 26 - April 19 (Fee: $160)
B. April 23 - May 19 (Fee: $92)
C. June 4 - July 28 (Fee: $160)
D. July 30 - September 1 (Fee: $115)

Choose your day and level at registration
Chagrin Valley Athletic Club
17260 Snyder Road, Bainbridge
Fee: varies per session
Class #1760

New!
SUMMER MORNING SPEED SESSIONS
Ages 4 years and up
Instructor: CVAC Aquatics Staff

Fast paced American Red Cross based course to give your child the extra endurance they need for summer swimming fun.

Course Date(s):
June 4th to 8th
June 11th to 15th
June 18th to 22nd
June 25th to 29th
July 9th to 13th
July 16th to 20th
July 23rd to 27th
July 30th to August 3rd

Time(s): Mondays, Tuesdays, Wednesdays, Thursdays & Fridays

<table>
<thead>
<tr>
<th>Preschool Beginner</th>
<th>8:30 - 9:00am</th>
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<tr>
<td>Preschool Intermediate</td>
<td>9:00 - 9:30am</td>
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<tr>
<td>Preschool Advanced</td>
<td>9:30 - 10:00am</td>
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<td>Level 1</td>
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<tr>
<td>Level 2</td>
<td>9:00 - 9:30am</td>
</tr>
<tr>
<td>Level 3</td>
<td>9:30 - 10:00am</td>
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</table>

Choose your date and level at registration.

1 week sessions
June 4 - August 3
Choose your week and level at registration
Chagrin Valley Athletic Club Pool
17260 Snyder Road
Fee: $92 per week
Class #1762
**PRE SWIM TEAM**

*Instructor: Maria Eidam*

**Pre Swim Team 1**
Intro to swim team skills. Swimming on right side of lane, being aware of others, diving, confidence in doing repeat 25s and working on all the kicks.

**Pre Swim Team 2**
Freestyle and Breaststroke. Freestyle with side breathing, intro to flip turns, USA Swimming legal breaststroke kick.

**Pre Swim Team 3**
Fly and Back. Backstroke counts, backstroke streamlines, butterfly kick, intro to getting the arms around in butterfly.

**Monday, Tuesday or Thursday evenings**
Pre Swim Team 1: 5:00 - 5:30pm
Pre Swim Team 2: 5:30 - 6:00pm
Pre Swim Team 3: 6:00 - 6:30pm

**Saturday mornings**
Pre Swim Team 1: 10:00 - 10:30am
Pre Swim Team 2: 10:30 - 11:00am
Pre Swim Team 3: 11:00 - 11:30am

Registration will close 48 hours prior to the start of the session. In each group lesson, there will be a minimum of 3 participants. Chagrin Valley Athletic Club reserves the right to cancel or combine classes. Session is ongoing. Session will not be pro rated for missed days. No refunds or make up days.

**LEARN TO ICE SKATE**

In Conjunction with The Pond, KCE is offering ice skating lessons for all levels at five convenient times. The lessons include free skate and 30 min. of instruction plus skate or glider and helmet rentals. Great for beginner to freestyle levels as well as beginner hockey skills.

**AFTER SCHOOL LEARN TO SKATE**
Skaters can take the ice at 3:00pm. Classes start at 3:15pm, 3:45pm or 4:15pm. Ice Available: 3:00 - 5:00pm. Busing available for Kenston Students. Call KCE office for the bus number. (Closed Labor Day and Memorial Day). This program qualifies for After School Tax Credits.

**MONDAYS**

8 classes
A. February 26 - April 16
Fee: $135
5 classes
B. April 23 - May 21
Fee: $90

**FRIDAYS**

8 classes
C. March 2 - April 20 (no class 3/16)
5 classes
D. April 27 - May 25
Fee: $90
3:00 - 4:40pm
Fee: $120

**EVENING LEARN TO SKATE**
8 classes
E. February 28 - April 18
Fee: $135
6 classes
F. April 25 - May 30
Wednesdays, 5:10 - 5:50
Fee: $105

**LEARN TO SKATE WITH PUBLIC SESSION**
Lessons: 1:00-1:30pm and stay for Open Skate until 3:00pm

**SATURDAYS**

7 classes
G. March 3 - April 21 (no class 3/17)
Fee: $120
5 classes
H. April 28 - May 26
Fee: $90

**SUNDAYS**
6 classes
I. March 4 - April 22 (no class 3/18)
Fee: $105
5 classes
J. April 29 - May 27
Fee: $90

Skate rental available for $20 per session.
The Pond, 9999 East Washington Street, Chagrin Falls
Class #1725

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**WATCH THE KCE WEBSITE FOR SUMMER THEATER**

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30
PRIVATE SPANISH LESSONS
Ages 5 and up
Instructor: Paula Garcia

One-on-one Spanish instruction by a native Spanish speaker teacher. Whether working with kids or adults, Paula tailors her classes to meet the student’s personal or professional goals and interests, selecting conversation topics, vocabulary and materials to address their specific needs. If you are studying Spanish for work reasons, classes will incorporate job-specific vocabulary and conversation topics relevant to your profession. Preparing for a trip to a Spanish-speaking country? Classes will cover the culture and history of the place you are visiting, and you will learn local terminology and travel vocabulary. For children, the idea is to introduce Spanish in a fun and interactive way. Join in any time. All levels welcome. Children ages 5-18 and adults 18 and up.

5 class pass
March 1 - August 31
Call the KCE Office to arrange time that works for both Instructor and student
Kenston Campus
Fee: Children 1/2 hour lessons $125
Adult 1 hour lessons $250
Class #0430

GUITAR LESSONS
Ages 10 - Adult
Instructor: Tom Letizia

Tom specializes in a personal approach to each student’s musical needs and goals. Students can choose a personalized program – from just learning how to play songs for fun at home, working on being in a rock band or performing solo. Must own or rent guitar; $12 material fee for book. 10 yrs to adult welcome. Please contact the KCE office to set up your 1/2 hour time slot for this 5 week session.

5 classes
A. March 19 - April 30
(no class 3/26, 4/2)
B. May 7 - June 11
(no class 5/28)
Kenston Middle School, Band Room
C. June 18 - July 16
D. July 23 - August 20
Mondays, 2:30 - 7:00pm
Gardiner Center C2
Call KCE to schedule your 1/2 hour lesson between 2:30 - 7:00pm
Fee: $100 per session plus $12 material fee paid to instructor as needed for music books
Class #1467

SUPER SITTER
Ages 10 and up
Instructor: Stacy Cianciolo

Are you looking for a babysitting job? Do you have younger siblings who need watching? Have you had any first aid training? When do you decide to call parents home? If you answered “yes” to either of the first two questions, this course is for you! You will get the answers to the other two questions during class. You will also receive instruction in basic babysitting skills, including safety, CPR, infant and childcare, fun and games, creative ideas, snacks and other helpful hints. You can become a fun and helpful sitter. Please bring a stuffed animal or doll to class as well as your own favorite tips to share with others. A certificate will be given upon completion of this course.

1 class
A. Saturday, April 21
B. Tuesday, July 17
KMS Betty Patton Room
9:00am - 12:00pm
Fee: $35 per session
Class #1402
LEARNING, GROWING, PLAYING... FOR A LIFETIME

MIDDLE SCHOOL

Back by popular demand!
INTRODUCTION TO FOIL FENCING
Ages 8 - Adult
Instructor: Tom Nagy

This program is designed to introduce students to the fundamentals of modern foil fencing. Instruction includes stretching, footwork, lunges, attack, parry-riposte, strategy, tactics, techniques, and bouting. Fun and safety are emphasized. Fencing improves hand-eye coordination, agility, dexterity, and stamina, as well as developing social skills and manners. All equipment is provided. Class limited to 20.

6 classes
April 4 - May 9
Wednesdays, 3:30 - 4:45pm
Gardiner Center C3
Fee: $79
Class #1729

UNICYCLE CLUB (K.U.U.L)
Open to all Middle and High School Students
Instructor: Mr. Robert Segulin

Are you bored with riding on two wheels and are looking for a fun challenge? Whether you are a unicycle master or have never seen a unicycle, you can join K.U.U.L. The club is all about enjoying the unique sport of unicycling. You do not have to own a unicycle to join. We practice mostly outdoors on many terrains. Mainly we will be meeting at the high school with possible trips to the MetroParks (You must provide your own transportation).

Equipment: We have about 10 unicycles that will be provided and shared. You may bring your own if you wish. Riders must bring their own helmets and other protective gear.

6 classes
April 5 - May 10
Thursdays, 2:45 - 4:30pm
Kenston High School, Student Parking Lot
Fee:
$25 (includes Unicycle use)
$10 discount if rider provides own unicycle
$5 drop in fee
Class #1217

BOCCE CLUB
Open to all Middle and High School Students
Advisor: Mr. Robert Segulin

Do you want to learn a game that has been played for thousands of years by people all over the world? Are you tired of being a spectator and really want to be on the field where you belong? If you’ve said “YES”, then Bocce is the game for you! Bocce can be played by virtually anyone, but not all can play it well! Come find out if bocce is the sport for you (and you do not need to be Italian to play).

6 classes
April 6 - May 19
(no Class 4/14)
Fridays, 2:45 - 4:30pm
Kenston High School, Bocce Court
Fee:
Individual $15,
Pay at the door $3
Class #1215

KARATE, FITNESS & SELF-DEFENSE
Instructor: Carlos Robinson

This class is intended to teach self-confidence, self discipline as well as assault prevention. Sport training and promotion from white belt through black belt. There will be a small fee for testing. Uniforms are available from the instructor at cost.

8 classes
A. March 12 - May 14
(no class 3/26, 4/2)
B. June 4 - July 23
Mondays, 7:00 - 8:25pm
Gardiner Center C3
Fee: $115
Class #0700

LEARN TO ICE SKATE
In Conjunction with The Pond, KCE is offering ice skating lessons for all levels at five convenient times. The lessons include free skate and 30 min. of instruction plus skate or glider and helmet rentals. Great for beginner to freestyle levels as well as beginner hockey skills.

AFTER SCHOOL LEARN TO SKATE
Skaters can take the ice at 3:00pm. Classes start at 3:15pm, 3:45pm or 4:15pm. Ice Available: 3:00 - 5:00pm. Busing available for Kenston Students. Call KCE office for the bus number. (Closed Labor Day and Memorial Day). This program qualifies for After School Tax Credits.

MONDAYS
8 classes
A. February 26 - April 16
Fee: $135
5 classes
B. April 23 - May 21
Fee: $90

EVENING LEARN TO SKATE
8 classes
E. February 28 - April 18
Fee: $135
6 classes
F. April 25 - May 30

LEARN TO ICE SKATE WITH PUBLIC SESSION
Lessons: 1:00-1:30pm and stay for Open Skate until 3:00pm

SATURDAYS
7 classes
G. March 3 - April 21
(no class 3/17)
Fee: $120
5 classes
H. April 28 - May 26
Fee: $90

SUNDAYS
6 classes
I. March 4 - April 22
(no class 3/16)
Fee: $105
5 classes
J. April 29 - May 27
Fee: $90

Skate rental available for $20 per session. The Pond
9999 East Washington Street, Chagrin Falls
Class #1725
BEHIND THE WHEEL SCHOOL OF DRIVING
Creating Tomorrow’s Safe Drivers Today!

$385

- Classes begin at 2:30 pm in Kenston Middle School during school year
- Only 8 classroom sessions
- 8 hours one-on-one driving instruction
- State-certified Driver’s Ed school
- The area’s best instructors with 15 years experience!
- Featuring the Audi A4 Quattro

See us for ONLINE Driver Ed Too!
Sign up on-line: www.btwschoolofdriving.com | 216-509-3574

A. March 13, 14, 15, 16 (Tues - Fri)
   and March 19, 20, 21, 22 (Mon - Thurs)
   2:30 - 5:35 pm
   KMS Cafeteria

B. April 16, 17, 18, 19 (Mon - Thurs)
   and April 23, 24, 25, 26 (Mon - Thurs)
   2:30 - 5:35 pm
   KMS Cafeteria

C. June 11, 12, 13, 14 (Mon - Thurs)
   and June 18, 19, 20, 21 (Mon - Thurs)
   6:00 - 9:05 pm
   Gardiner Center C7

D. July 16, 17, 18, 19 (Mon - Thurs)
   and July 23, 24, 25, 26 (Mon - Thurs)
   10:00 - 1:05 pm
   Gardiner Center C7

E. August 20, 21, 22, 23 (Mon - Thurs)
   and August 27, 28, 29, 30 (Mon - Thurs)
   2:30 - 5:35 pm
   Gardiner Center C7

ALL CLASSES HELD ON KENSTON CAMPUS
LOOK ONLINE OR CALL KCE AT 440-543-2552 FOR UP TO DATE LOCATIONS
LEARNING, GROWING, PLAYING... FOR A LIFETIME

HIGH SCHOOL

LEARNING, GROWING, PLAYING... FOR A LIFETIME

HIGH SCHOOL

SAT: ONE NIGHT REVIEW
Instructors: Tony Marchesi and Greg Koltas

This one night SAT review session will provide students with essential SAT test taking strategies, coupled with specific content/concept elements for the Math and Reading/Writing sections of the SAT, prior to the March 1 exam date for all Kenston 11th grade students. The course is an excellent opportunity for students to receive a last minute/crash course before the test. No materials required.

1 class
Monday, March 5
7:00 - 9:00pm
Kenston High School Library
Fee: $29
Class #1200

PRIVATE SPANISH LESSONS
Ages 5 and up
Instructor: Paula Garcia

One-on-one Spanish instruction by a native Spanish speaker teacher. Whether working with kids or adults, Paula tailors her classes to meet the student’s personal or professional goals and interests, selecting conversation topics, vocabulary and materials to address their specific needs. If you are studying Spanish for work reasons, classes will incorporate job-specific vocabulary and conversation topics relevant to your profession. Preparing for a trip to a Spanish-speaking country? Classes will cover the culture and history of the place you are visiting, and you will learn local terminology and travel vocabulary. For children, class the idea is to introduce Spanish in a fun and interactive way. Join in any time. All levels welcome. Children ages 5 - 18 and adults 18 and up.

5 class pass
March 1 - August 31
Call the KCE Office to arrange time that works for both Instructor and student
Kenston Campus
Fee:
Children 1/2 hour lessons $125
Adult 1 hour lessons $250
Class #0430

ACT PREPARATION
Instructors: Tony Marchesi and Greg Koltas

Studies have shown that familiarity with the test questions and experience with pacing strategies can help decrease stress and improve standardized test scores. This 12 hour ACT prep course will address the Math, English, Reading and Science sections of the ACT, as well as the optional Writing section for those who plan to take it. In addition to taking a practice test on each section in a timed, test-like setting, students will be exposed to additional resources they may use to sharpen their skills. Students must bring their calculator to every session. Required Text: McGraw Hill ACT 2017; Bring Calculator every class.

5 classes
February 20 - March 20
Tuesdays, 7:00 - 9:00pm
Kenston High School Library
Fee: $99
Class #1213

FIRST FRIDAY SWING DANCES, FOR SINGLES OR COUPLES
Instructor: Will Craig

It is fun... It is exciting... It is approximately 200 people swing dancing in your backyard the first Friday of every month. It is really “the happening place” in Bainbridge. The best floor... The best bands... The best atmosphere... An absolute “must do.” An hour dance lesson followed by a dance, with live music and refreshments, offered the first Friday of every month. You cannot afford to miss it! Each dance begins with a one hour lesson followed by three hours of dancing. A different band each time!

First Friday of each month
March 2, April 6, May 4, June 1, July 6, August 3
Lesson from 8:00 - 9:00pm
Dance from 9:00 - 11:30pm
Bainbridge Town Hall
17826 Chillicothe Road
Admission Fee:
$10 per adult,
$8 youth 17 years & under
$25 per family
No preregistration required.
Pay at the door!
Class #0633

https://www.adlerteamsports.com
ADLERTEAMSPORTS@SBCGLOBAL.NET
(216) 289-2254
FAX:(216) 289-6392

KCE LEARNING, GROWING, PLAYING... FOR A LIFETIME
New! CHORDS ARE KEY FOR PIANO  
Ages 15 and up  
Instructor: David Ciucevich

Some music teachers may not want you to know this, but you don’t need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you’ll need to play any song in this one session. Any song. Any style. Any key. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this workshop. Fee includes an online book and online video instruction.

Topics include:
• How chords work in a song  
• How to get more out of sheet music by reading less of it  
• How to form the three main types of chords  
• How to handle different keys and time signatures  
• How to avoid “counting”  
• How to simplify over 12,000 complex chords

1 class  
May 1  
Tuesday, 6:30 - 9:30pm  
Gardiner Center C3  
Fee: $59  
Class #0451

New! CHORDS ARE KEY FOR GUITAR  
Ages 13 and up  
Instructor: David Ciucevich

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won’t have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. Class limited to 15 students. For ages 13+. For more information go to justonceclasses.com. Fee includes an online book and online instructional videos.

Topics include:
• How chords work in a song  
• How to form the three main types of chords  
• How to tune your guitar  
• Basic strumming patterns  
• How to buy a good guitar (things to avoid)  
• How to play along with simple tunes

1 class  
May 8  
Tuesday, 6:30 - 9:00pm  
Gardiner Center C3  
Fee: $59  
Class #0450

GUITAR LESSONS  
Ages 10 - Adult  
Instructor: Tom Letizia

Tom specializes in a personal approach to each student’s musical needs and goals. Students can choose a personalized program – from just learning how to play songs for fun at home, working on being in a rock band or performing solo. Must own or rent guitar; $12 material fee for book. 10 yrs to adult welcome. Please contact the KCE office to set up your 1/2 hour time slot for this 5 week session.

5 classes  
A. March 19 - April 30 (no class 3/26, 4/2)  
B. May 7 - June 11 (no class 5/28)  
Kenston Middle School, Band Room  
C. June 18 - July 16  
D. July 23 - August 20  
Mondays, 2:30 - 7:00pm  
Gardiner Center C2  
Call KCE to schedule your 1/2 hour lesson between 2:30 - 7:00pm  
Fee: $100 per session plus  
$12 material fee paid to instructor  
as needed for music books  
Class #1467
LEARNING, GROWING, PLAYING... FOR A LIFETIME

HIGH SCHOOL

SENIOR PORTRAITS WITH WHITESANDS PHOTOGRAPHY
Instructor: Heather White

BASIC BOMBER SESSION
Your senior will enjoy up to an hour in studio and outside if desired (weather/time of day dependent) and up to three outfits. Receive free yearbook submission and a high-resolution digital copy of the yearbook image and print rights. You own the image! Also receive a print collection including one 8x10, one 5x7, and 16 wallets from up to two poses. Want more prints or digital copies of additional images? Not a problem. Additional print collections or individual prints can be added as well as digital copies. Call KCE to arrange an available time.
Fee: $130

BOMBER BLUE SESSION
Your senior will enjoy studio time and the ability to go to a location within 15 minutes of KHS for some truly personalized portraits. First, capture the yearbook image at the studio and then Heather will follow you to your location. Want to skip the studio? We can do that too! Plan on up to two hours for this session. You will receive everything listed in the Basic Bomber Session as well as an additional $25 print credit and an additional high-resolution digital copy. Call KCE to arrange an available time.
Fee: $195

Studio located at 9518 Bainbridge Rd, Chagrin Falls, OH.
Class #1250

UNICYCLE CLUB (K.U.U.L)
Open to all Middle and High School Students
Instructor: Mr. Robert Segulin

Are you bored with riding on two wheels and are looking for a fun challenge? Whether you are a unicycle master or have never seen a unicycle, you can join K.U.U.L. The club is all about enjoying the unique sport of unicycling. You do not have to own a unicycle to join. We practice mostly outdoors on many terrains. Mainly we will be meeting at the high school with possible trips to the MetroParks. (You must provide your own transportation.)
Equipment: We have about 10 unicycles that will be provided and shared. You may bring your own if you wish. Riders must bring their own helmets and other protective gear.
6 classes
April 5 - May 10
Thursdays, 2:45 - 4:30pm
Kenston High School, Student Parking Lot
Fee: $25 (includes Unicycle use)
$10 discount if rider provides own unicycle, $5 drop in fee
Class #1217

BOCCÉ CLUB
Open to all Middle and High School Students
Advisor: Mr. Robert Segulin

Do you want to learn a game that has been played for thousands of years by people all over the world? Are you tired of being a spectator and really want to be on the field where you belong? If you’ve said “YES”, then Bocce is the game for you! Bocce can be played by virtually anyone, but not all can play it well! Come find out if bocce is the sport for you (and you do not need to be Italian to play).
6 classes
April 6 - May 11
Fridays, 2:45 - 4:30pm
Kenston High School, Bocce Court
Fee: Individual fee - $15, Pay at the door - $3
Class #1215

LIFEGUARDING
Ages 15 and older
Instructor: CVAC Aquatics Staff

Training includes emergency response techniques, first aid skills, and CPR with AED training. Special Class Requirements: Must be 15 years old and successfully complete water skills pretest. Certification includes lifeguarding for 2 years, first aid for 2 years, and CPR/PR for 2 year. Must be 15+ and able to pass water test.
4 classes
A. March 15 - March 18
   B. March 22 - March 25
   C. April 12 - April 15
   D. April 19 - April 22
   E. May 3 - May 6
   F. May 10 - May 13
   Thursday and Friday, 3:00 - 8:00pm
   Saturday and Sunday, 9:00 - 5:00pm
   Chagrin Valley Athletic Club, 17260 Snyder Road
   Fee: $210
   Class #1203

KARATE, FITNESS & SELF-DEFENSE
Instructor: Carlos Robinson

This class is intended to teach self-confidence, self discipline as well as assault prevention. Sport training and promotion from white belt through black belt. There will be a small fee for testing. Uniforms are available from the instructor at cost.
8 classes
A. March 12 - May 14
   (no class 3/26, 4/2)
   B. June 4 - July 23
   Mondays, 7:00 - 6:25pm
   Gardiner Center C3
   Fee: $115
   Class #0700

COED RECREATIONAL VOLLEYBALL
Instructor: Matt Blowers

Supervised “recreational” coed volleyball for those 15 years of age and older. All ability levels are welcome. Enrollment is limited to 18 players per evening. It’s volleyball for fun, come play!
March 6 - May 29
(no class 3/27)
Tuesdays, 8:30 - 10:00pm
Kenston Middle School Gym
Drop in fee: $5 per week
Class #0711

KCE LEARNING, GROWING, PLAYING... FOR A LIFETIME
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BOMBER VOLLEYBALL CAMP
Grades 4 - 6
Kenston High School Coaches and players

Come develop your volleyball skills with talented and enthusiastic Kenston High School players who love kids too! This camp is designed to teach the fundamentals of serving, passing, setting and spiking. All skill levels welcome. You'll learn through fun game-like drills and friendly competitions. Bring water and knee pads!

Monday - Thursday, June 11 - 14
9:00am - 12:00pm
KHS Main and Auxiliary Gyms
Fee: $99
Class #1806

LADY BOMBER BASKETBALL CAMP
Grades 4 - 8
Girls' Varsity Coaches and players

Kenston Varsity Coaches and Players will be teaching fundamentals and skills, both offensively and defensively. Players will increase their basketball abilities while becoming students of the game. Players will complete numerous drills that the high school team uses on a daily basis. Players will also have fun while competing in daily competitions that include hot shot, free throws, and 3 on 3. Every girl gets the opportunity to work closely with the high school players and coaches. (Sibling Discount: 2nd child is $40 and 3rd child is $20). Please bring tennis shoes and a water bottle.

Monday - Thursday, June 4 - 7
8:30 - 11:00am
KHS Main and Auxiliary Gyms
Fee: $90
Class #1802

BOMBER CROSS COUNTRY CAMP
Grades 3 - 8
Kenston High School Coach, team and Alumni

Join the Kenston High School Cross Country teams for a week full of running, team work and FUN. ALL LEVELS WELCOME and each level will be instructed differently! No matter what level you begin on, you WILL improve by the end of the week. This camp will not be solely running. You will participate in fun activities everyday that stress the importance of a positive attitude, team work, team bonding, and most importantly having fun. After the 4 days of instruction, the camp will end with a "FUN RUN" on Friday! Everyone will receive a t-shirt and a healthy snacks. The camp will be coached by alumni & current athletes along with Coach Ickes. Please meet at the Kenston Trails Donor Wall by the HS Teacher’s Parking Lot. Please bring water everyday and wear appropriate running gear.

Monday - Friday, July 23 - 27
9:00 - 11:00am
KHS Trails
Fee: $75
Class #1813

BOMBER VOLLEYBALL CAMP
Grades 7 - 8
Kenston High School Coaches and players

Learn the fundamentals and advanced techniques of serving, passing, setting and spiking. All skill levels welcome. You will develop your volleyball skills with the coaching of talented and enthusiastic Kenston High School players and coaches! Fun drills and competitions. Bring water and knee pads!

Monday - Thursday, June 11 - 14
1:00 - 4:00pm
KHS Main Gym
Fee: $99
Class #1808

BOMBER CHEERLEADING CAMP
Girls Grades 2 - 6
Kenston Varsity Coach and Cheerleaders

Come and be a part of our summer cheer program with the High School Coach and Cheerleaders. In every class, kids learn and perfect the basic cheerleading skills, participate in cheerleader-related games, and perform team routines and dances. This is a wonderful opportunity to learn more about cheerleading.

Monday - Thursday, June 18 - 21
5:00 - 7:00pm
KMS Cafeteria
Fee: $75
Class #1812
New!

KENSTON BOMBER HOCKEY CAMP
Grades K - 10
Kenston High School Varsity staff & players

Do you want to play hockey, but don’t know how to skate or play? Do you want to improve your skills in playing hockey and want to learn from players from a top program in Greater Cleveland? This camp is for you! Learn Hockey with KHS Team, named Hockey Team of the Year by The Monsters. This is a week long program targeted at ALL levels of experience. Campers will be separated by age and skill level and will work with Kenston HS hockey team members to learn to play hockey or to improve on current skill level. There is NO prior experience with hockey or skating necessary. There will be 4 days of 1-hour dryland and 1-hour of ice time instruction Monday through Thursday with a game by skill level and age on Friday that will include awards and lots of fun. Equipment will be provided for those that don’t have equipment. Jersey not guaranteed if you register after June 8.

Monday - Friday, June 25 - 29
A. Entering grades K-4
B. Entering grades 5-7
C. Entering grades 8-10
See Website for exact schedule per age group
The Pond
Fee: $120
Class # 1803

LITTLE BOMBERS BASKETBALL SKILLS & COMPETITION CAMP
Grades 2 - 3
Matt Vespa, Kenston Varsity Coach

Players will be instructed on basic offensive and defensive skill development. Skills will be honing in on fundamental basketball skills that promote player growth and development. Players will participate in 3-3 games as well as other games that promote competition and fun!

4 days
Monday - Thursday, June 4 - 7
9:00 - 10:00am
KMS Gym
Fee: $65
Class #1807

BOMBER BASKETBALL SKILLS & COMPETITION
Grades 4 - 9
Matt Vespa, Kenston Varsity Coach

Players will be instructed on offensive and defensive skill development. Skills camp will be run like two-hour varsity practice-honing in on fundamental basketball skills that promote player growth and development. Campers will participate on 5 on 5 teams, 3 on 3 teams, and have a 1 on 1 tournament.

Monday - Thursday, June 18 - 21
A. Entering 4th - 5th grades, 12:00 - 2:30pm
B. Entering 6th - 9th grades, 9:00 - 11:30am
KHS Main & Aux. Gyms
Fee: $100 (Sibling discount - 2nd child 1/2 off, 3rd is free)
Class #1805

BIG BLUE BOMBER FOOTBALL SKILLS & AGILITY CAMP
Grades 1 - 8
Kenston High School Varsity staff & players

Here’s a chance to get a jump-start on your competition. Kenston varsity coaches and players will be teaching fundamentals and skills, as well as sharing philosophies on all aspects of the game. Players will increase their knowledge of the game, improve their speed and agility, and have fun at the same time. Players will be divided according to age, size, and skill level. Each session will include instruction time on different positions and the skills required playing and improving on various aspects of the game. Players will end each session with a pick-up touch game to reinforce skills learned that day. NOTE: This is a non-equipment, non-contact camp. Players can provide their own mouthpieces for their safety. Football shoes are allowed. Please bring a water and tennis shoes.

Monday - Thursday, June 11 - 14
A. Entering grades 1 - 2
B. Entering grades 3 - 4
C. Entering grades 5 - 6
D. Entering grades 7 - 8
9:00am - 12:00pm
Kenston Stadium
Fee: $120
Class # 1803

LITTLE BOMBERS BASKETBALL SKILLS & COMPETITION CAMP
Grades 2 - 3
Matt Vespa, Kenston Varsity Coach

Players will be instructed on basic offensive and defensive skill development. Skills will be honing in on fundamental basketball skills that promote player growth and development. Players will participate in 3-3 games as well as other games that promote competition and fun!

4 days
Monday - Thursday, June 4 - 7
9:00 - 10:00am
KMS Gym
Fee: $65
Class #1807

BOMBER BASKETBALL SKILLS & COMPETITION
Grades 4 - 9
Matt Vespa, Kenston Varsity Coach

Players will be instructed on offensive and defensive skill development. Skills camp will be run like two-hour varsity practice-honing in on fundamental basketball skills that promote player growth and development. Campers will participate on 5 on 5 teams, 3 on 3 teams, and have a 1 on 1 tournament.

Monday - Thursday, June 18 - 21
A. Entering 4th - 5th grades, 12:00 - 2:30pm
B. Entering 6th - 9th grades, 9:00 - 11:30am
KHS Main & Aux. Gyms
Fee: $100 (Sibling discount - 2nd child 1/2 off, 3rd is free)
Class #1805

BIG BLUE BOMBER FOOTBALL SKILLS & AGILITY CAMP
Grades 1 - 8
Kenston High School Varsity staff & players

Here’s a chance to get a jump-start on your competition. Kenston varsity coaches and players will be teaching fundamentals and skills, as well as sharing philosophies on all aspects of the game. Players will increase their knowledge of the game, improve their speed and agility, and have fun at the same time. Players will be divided according to age, size, and skill level. Each session will include instruction time on different positions and the skills required playing and improving on various aspects of the game. Players will end each session with a pick-up touch game to reinforce skills learned that day. NOTE: This is a non-equipment, non-contact camp. Players can provide their own mouthpieces for their safety. Football shoes are allowed. Please bring a water and tennis shoes.

Monday - Thursday, June 11 - 14
A. Entering grades 1 - 2
B. Entering grades 3 - 4
C. Entering grades 5 - 6
D. Entering grades 7 - 8
9:00am - 12:00pm
Kenston Stadium
Fee: $120
Class # 1803
CREATIVE WRITING CAMP
Grades 3 - 5
Instructor: Karen Sunderhaft
& Coreen Schaefer

Is there a budding author inside of your child? Are they creative thinkers, but need someone to help them organize their thoughts and put it down on paper? This week long camp created and presented by two writers will help your child learn how to develop a character, create a structured story with an exciting opening, thoughtful middle and conclusion which brings all of the pieces of the story together. We will introduce your 3rd - 5th grader with techniques for creating characters and for drawing storyboards to plan out their story. The goal of the camp will be to produce a story in a creative book form for the young author to share at our Author’s Tea Party. FOR AN ADDITIONAL $10, BRING A LUNCH AND JOIN US FOR MATH MANIA IN THE AFTERNOON! $5 Materials fee due to instructor the first day of class.

Monday - Friday, July 30 - August 3
9:00 - 11:30am
KMS Computer Lab
Fee: $140
Class # 1910

CRAZY CRAFTS
Grades K - 2
Instructor: Jessica Sunderhaft

Jessica Sunderhaft is an incoming Senior at Kenston High School and was one of only 100 students from across the country to be invited to attend the Disney Dreamer’s Academy this past spring. Karen Sunderhaft is a 7th grade english and math teacher at Kenston Middle School. Together this dynamic duo will help spark the creativity in your child. Some of the creative activities will include “create a monster”, stamp art, chalk art, painting with fun objects, stained glass, rock animal buddies and much more! On Thursday, you will be invited by your child to view their creations at our “Crazy Crafts Art Show”. Please bring an oversized, plain white t-shirt to the first class which we will decorate and use as our art smock for the week.

Monday - Thursday, June 4 - June 7
9:00 - 12:00pm
Gardiner Center C6
Fee: $120
Class # 1932

MATH MANIA
Grades 3 - 5
Instructor: Karen Sunderhaft

Sharpen your Math Skills before the new school year! Looking for a fun and creative way to have your child practice his/her math facts? During this camp, students will learn to play some simple, but creative math games, such as “Math Baseball”, “Solar System Math” and “Closest to One”. At the end of each class, students will take home the games to share with family and friends. In addition to working on basic facts, we will also introduce logic puzzles, tangram puzzlers and creative problem solving activities. MAKE IT A FULL DAY AND COME TO CREATIVE WRITING CAMP IN THE MORNING, BRING A LUNCH AND PAY $10 FOR A SUPERVISED LUNCH HOUR BEFORE MATH MANIA CAMP - MUST REGISTER FOR BOTH AND CHOOSE THE LUNCH OPTION IN CREATIVE WRITING CAMP. $5 Materials fee due to instructor the first day of class.

Monday - Friday, July 30 - August 3
12:30 - 2:00pm
KMS Computer Lab
Fee: $105
Class # 1930

CARTOONING
Grades 3 - 5
Instructor: Abigail Hayter

Join us for a week of Cartooning! Are you fascinated with cartoons? Have you ever wanted to bring your cartooning to life? If so, this class is perfect for you! Abigail will teach a step by step process on drawing your character(s) but also how to make your character(s) jump off the page! Discover your artistic side; all you need to bring is imagination!

5 classes
Monday - Friday, July 23 - July 27
12:00 - 1:00pm
Gardiner Center C1
Fee: $50
Class #1401
New!  
**AMERICAN SIGN LANGUAGE**  
Grades entering 1 - 5  
Instructor: Stephanie Bowlin

Students will develop beginning level ASL communication skills – receptive (viewing) and expressive (signing) – with vocabulary and grammar in a cultural context. Topics will include the ASL alphabet and numbers as well as basic vocabulary, grammar and Deaf culture. Learning will take place though age-appropriate, interactive games and activities as well as teacher instruction.

6 week session  
June 13 - July 25  
(no class 7/4)  
A. Grades 1 - 3  
Wednesdays, 1:00 - 1:45  
B. Grades 4 - 5  
Wednesdays, 2:00 - 2:45  
Gardiner Center C3  
Fee: $75  
Class #1440

New!  
**CLASSROOM ANTICS**  
**MINECRAFT CODING:**  
**RULE THE WORLD**  
Ages: 10 - 14  
Instructor: Classroom Antics Staff

If your child loves Minecraft and wants to design and program new ideas into their worlds, then join us in this awesome Minecraft: Rule the World tech camp. Kids will learn how to code with a block-based visual programming language inside MinecraftEdu using if – then and while – do statements, variables, and loops. With these tools, they’ll automate processes inside the game, such as farming and mining. Redstone will be used to create circuits and switches to control objects. Kids customize their tools and weapons to rule the world! Bring your lunch and register for the afternoon session as well!

5 classes  
July 16 - July 20  
9:00am - 12:00pm  
Gardiner Center C6  
Fee: $275  
Class #1442

New!  
**CLASSROOM ANTICS**  
**VIDEO GAME DESIGN:**  
**ARCADE GENERATION**  
Ages: 10 - 14  
Instructor: Classroom Antics Staff

Design numerous types of video games by applying the key game development skills of character development, environment creation, and innovative gameplay with GameMaker software. Kids are lead through the full process of creating a video game, including developing characters, rooms, adding backgrounds, music, sound effects and other great techniques. Kids are provided access to a copy of the GameMaker software and a library of graphics and music files to continue to develop the video games they make in camp and create new ones. Video games produced in camp will be saved on a complimentary USB drive, to play with friends and family on Windows computers.

5 classes  
July 16 - July 20  
1:00 - 4:00pm  
Gardiner Center C6  
Fee: $275  
Class #1442

New!  
**ART WITH MRS. MANTZ SUMMER CAMPS**  
Grades K - 5  
Instructor: Mrs. Mantz

Morning Summer Art Camps are every day for a week! Camp activities will include projects like tie-dying, flow painting, solar printing, sand casting, and many more fun experiences that lend themselves to the warm weather and sunshine! Come join the fun! $25 supply fee due to instructor the first day of class.

5 classes  
A. June 4 - June 8  
B. June 11 - 15  
C. June 18 - June 29  
D. June 25 - June 29  
E. July 16 - July 20  
F. July 23 - July 27  
G. July 30 - August 3  
9:30 - 11:30am  
Mrs. Mantz’s Purple Pantz Art Studio  
9967 East Washington St., Unit A  
Fee: $75 per session  
Class #1921

New!  
**ART WITH MRS. MANTZ SUMMER SESSIONS**  
Grades K - 5  
Instructor: Mrs. Mantz

The summer classes will include lots of projects made with a variety of materials in the areas of drawing, cartooning, painting, printmaking, sculpture, crafts, textiles, paper arts, and ceramics (Yeah – clay!). Each day of the week will have a different emphasis or theme. So, get your “Art On” and let’s have some fun! $35 supply fee due at first class

Summer weekly sessions  
D. Mondays, June 4 - July 30  
E. Tuesdays, June 5 - July 31  
F. Wednesdays, June 6 - August 1  
G. Thursdays, June 7 - August 2  
(no summer classes July 2 - 13)  
1:00 - 3:00pm  
Mrs. Mantz’s Purple Pantz Art Studio  
9967 East Washington St., Unit A  
Fee: $105 per session  
Class #1420
CAMPS: RECREATIONAL

BASKETBALL SPECIALTY CLINIC
Grades 3 - 8 (co-ed)
Instructor: Matt Vespa, KHS Boys Varsity Coach

Basketball Specialty Clinic has a unique focus of teaching a specific skill on each day for our athletes to choose one, two or all three days depending on their needs.

Day 1: Ball Handling & Movement
Ball handling and movement, one-handed basketball handling skills through intensive one-handed ball control drills. Students then build on their superior ball-handling skills by learning lightning-quick, one-handed moves off the dribble, as well as court awareness and off ball movement to create offensive opportunities.

Day 2: Shooting
Your player will learn shooting techniques that the great shooters use. How to align your shooting arm correctly, best ways to drive around defensive player and finish, Footwork and timing techniques for great range and quick release, how to grip the basketball and more.

Day 3: Defense
You will learn to pressure the ball, force the player with the ball to dribble or turn away from the basket. Never allow a good player to handle the ball, defend with guts, hustle and a never give up attitude.

Join our Varsity Coach, Matt Vespa and players to improve all or specific parts of your game.

Tuesday, Wednesday & Thursday
July 17 - 19
9:00 - 11:30am
KHS Auxiliary Gym

Fee: $25
2 Days - $45
3 Days - $70

GUARD CAMP
Grades 3 - 12 (co-ed)
Instructor: Matt Vespa, KHS Boys Varsity Coach

This camp is to instruct players on the fundamental skills and appropriate techniques while stressing the ideals of working hard and gaining a better overall understanding of the game. This camp is a skill specific camp that will give you the ability to take your game to a higher level by applying what we teach over the course of these 3 days. We will give you a plan of attack for developing all aspects of your offensive game and provide you with the drills to achieve your goals. Fundamentals include: pivoting and footwork, ball handling drills, handling pressure, air dribble, jump stops, step back move, shooting drills, catch and shoot, catch and shoot off dribble and using screens.

Monday - Friday, June 25 - June 29
9:00 - 11:00am
KIS Gym
Fee: $85

MODERN FOIL FENCING CAMP
Ages 8 and up
Instructor: Tom Nagy

This camp is designed to introduce students to the fundamentals of modern foil fencing. Instruction includes stretching, footwork, lunges, attack, parry-riposte, strategy, tactics, techniques and bouting. Fun and safety are emphasized. Fencing improves hand-eye coordination, agility, dexterity, stamina, and develops social skills and manners. All equipment is provided.

Monday - Friday, June 25 - June 29
9:00 - 11:00am
KIS Gym
Fee: $85
Class #1929

GUARD CAMP WITH MATT VESPA
Grades 3 - 12 (co-ed)
Instructor: Matt Vespa, KHS Boys Varsity Coach

This camp is to instruct players on the fundamental skills and appropriate techniques while stressing the ideals of working hard and gaining a better overall understanding of the game. This camp is a skill specific camp that will give you the ability to take your game to a higher level by applying what we teach over the course of these 3 days. We will give you a plan of attack for developing all aspects of your offensive game and provide you with the drills to achieve your goals. Fundamentals include: pivoting and footwork, ball handling drills, handling pressure, air dribble, jump stops, step back move, shooting drills, catch and shoot, catch and shoot off dribble and using screens.

Monday - Wednesday
June 25 - June 27
9:00 - 11:00am
KHS Auxiliary Gym
Fee: $80
Class #1822

YOUNG HOOPSTERS CAMP
Ages 4 - 7 years
Instructor: Gary Love

The Young Hoopsters Camp is organized and run by Gary Love, who specializes in teaching the fundamentals of basketball: shooting, passing and ball handling. Gary is gifted in teaching small children, bringing out the best in them while making the program fun and exciting!

Monday - Thursday
A. June 11 - 14
B. July 30 - August 2
10:00 - 11:30am
KIS Gym
Fee: $75 per session
Class #1920

KCE LEARNING, GROWING, PLAYING... FOR A LIFETIME
DANCE CAMP
Grades K - 3
Instructor: Haley Harris, former Kenston Bomberette Captain and current Ashland University Cheerleader

Looking to learn some new dance moves? Join the past Kenston Bomberette Captain for a week long Dance Camp! This exciting dance camp will provide a challenge and FUN for the experienced and brand new dancers. Campers will learn new Dance Routines and perform on the last day for Family and Friends! Please Bring a white T-Shirt the first day to decorate for the show!

Monday - Thursday,
June 25 - 28
Gardiner Center C3
9:00 - 11:00am
Fee: $80 per session
Class #1931

New!
LITTLE SPIKERS VOLLEYBALL SKILLS
Grades K - 3
Instructor: Julianna DiMarco

Learn the fundamentals of serving, passing, setting and spiking with fun drills and competitions. You will develop your volleyball skills with the coaching of talented and enthusiastic Graduated KHS Varsity Players. Don’t forget your water and knee pads!

Monday - Thursday, July 9 - 12
9:00 - 10:30am
KIS Gym
Fee: $75
Class #1804

PEE WEE SOCCER CAMP
Ages 3 - 7 years
Instructor: Dennis Weyn

Your child will learn the fundamentals of soccer in a fun atmosphere. Dribbling, passing, shooting and a variety of other foot skills will be emphasized by experienced coach Dennis Weyn – Director of Coaching for Eastside Kickers, Director of coaching for OPFC, Director of Ohio North Tikes and Spikes program and Founder of Weyn Soccer Group. Camp open to boys and girls.

Monday - Friday, July 16- 20
10:00am - 12:00pm
Kenston High School Field 4 (in front of KHS)
Fee: $150
Class #1913
CAMPS: RECREATIONAL

GYMNASTICS & BEYOND
CAMP AM
Ages 3 - 7 years
Instructor: Chery Bessette and staff

This introductory camp is for boys and girls of any ability level. They will enjoy our daily themes utilized in learning cartwheels, handstands and other gymnastic skills on small scale balance beams, bars, floor tumbling, and vaulting while still challenging more experienced children in a fun, safe, and nurturing environment. Plus other fun activities like parachute fun, implementing team work skills through interactive games to help develop self confidence, courtesy, and a more caring individual. Also, meet a different staff member each day, as a special guest to share their knowledge and talents with students for a 45-minute introductory class; Alphabet Art with Lynn, Dance with Katie, Martial Arts with Alexandra, Ball Sports, an animal visitor, and nature adventures with Chery in our Beyond Garden, like butterfly catching and more. We will encourage their natural curiosity and exploration of the natural world outside. This camp is a great way to get your child prepared for school in the fall, with much more fun and active adventures for a great start.

Monday - Friday, July 16 - 20
9:30am - 12:00pm
Chery's Gymnastics and Beyond
Fee: $105
Class #1966

GYMNASTICS CAMP I
Ages 7 - 14 years
Instructor: Chery Bessette and Staff

This introductory gymnastics camp includes fun filled activities for boys and girls that love to move. Your child will learn cartwheels, handstands, rolls, and other gymnastic skills on many kinds of bars, beams, floor, and vault in a safe and nurturing environment. There are gymnastic obstacle courses simple enough for beginners while still being challenging to the more advanced gymnast. Also included is nature exploring, dance, martial arts, theater, and an unique animal visitor. Meet a different staff member each day sharing their knowledge and talents for a short class with the students encouraging all campers to meet their potential while having fun experiencing new things. Campers will take a walk around the gym to the Beyond Garden to experience nature. We will encourage their natural curiosity and exploration of the natural world outside catching bugs, butterflies, and more. Campers will go to “The Pond” to ice skate once for a free skate for half a day. We give quality instruction to encourage children to explore new adventures and help families that are looking for character building programs that are fun during the summer with our energetic and experienced staff.

Monday - Friday, July 16 - 20
1:00 - 4:00pm
Chery's Gymnastics and Beyond
Fee: $135
Class #1967

GYMNASTICS CAMP II
Ages 7 - 14 years
Instructor: Chery Bessette and Staff

This gymnastics camp is for more experienced boy and girl athletes able to perform cartwheels, back rolls, and have experience on equipment. Program incorporates challenging students with more advanced gymnastic skills on vault, a variety of bars, beams, floor, tumbling skills, from walk-overs, back handsprings, flips, and more utilizing strength and correct body techniques. During this camp, each day we will have members of our gymnastics team demonstrating beginner through advanced skills to show campers the progressions of gymnastics. This helps students to understand the sport of gymnastics; the training involved, and allows them to ask questions to make this camp both educational and memorable while enjoying learning new skills with our friendly, energetic staff in a safe environment. We will challenge all levels of gymnasts to meet their potential. Campers will go to “The Pond” ice skating rink once to skate for half a day of camp. Meet our other staff members for a short lesson and explore Dance, Martial Arts, Nature Exploring, and other fun activities, to make this camp most memorable, and great learning experience while having lots of fun in the summer.

Monday - Friday, July 23 - 27
1:00 - 4:00pm
Chery's Gymnastics and Beyond
Fee: $135
Class #1968
WALT ODEN’S TENNIS CAMPS SUMMER 2018

Tennis Coordinator – Walter Oden, USPTA (Elite Professional)

A. May 29 - June 1 (morning) Tuesday - Friday
B. June 4 - 7 (morning)
C. June 11 - 14 (afternoon)
D. June 18 - 21 (morning)
E. June 25 - 28 (afternoon)
F. July 2 - 6 (morning) (no class 7/4)
G. July 9 - 12 (afternoon)
H. July 16 - 19 (morning)
I. July 23 - 26 (afternoon)

All classes held at Kenston tennis courts.
All classes have morning and afternoon sessions

Red, Orange, Green (ROG) – ROG is code for a pathway for junior tennis players. Using appropriately sized equipment along with different kinds of tennis balls allows us to teach skills more effectively. The United States Tennis Association believes in it. So do we. For more information, please visit usta.com or contact Walt at 216-509-2793 or odentennis@aol.com

SHORT STUFF TENNIS
Short Stuff tennis is your son and daughter’s destination for a fun start to the game of tennis. This program is for your 5, 6 and 7-year-old. We tend to use RED BALLS and FOAM BALLS for this level. We also use 36-foot court drills to expose our younger athletes to age appropriate match formats. This program is for your 5, 6 and 7 year old. We do no not recommend 4 year olds in the program. If your son or daughter is 4 or younger, there are other options we can recommend.

Morning Sessions 9:00 - 9:45am; Afternoon sessions 1:30 - 2:15pm
Fee: $45 per session
Class #1950

FUTURE TENNIS STARS
This has consistently been a great foundation for many great local players. We teach advanced foundation with visions of your future high school career! We use a variety of balls to teach advanced technique more effectively. That includes the ORANGE, GREEN and YELLOW Balls. Our camps are famous for their games! We expect this level to include players between the ages of 8 and 12. Classes are always segregated by age and ability.

Morning Sessions 9:45 - 11:00am; Afternoon sessions 2:15 - 3:30pm
Fee: $75 per session
Class #1951

TEEN TENNIS
Teen Tennis (OPEN TO ALL LEVELS!) – It is never too late to start tennis! We envision this program to be for the 13 or older player with varying levels of experience. This program has a storied history. Many varsity level tennis players have gotten their last “push” before their season in this class. Our curriculum focuses on skills needed to succeed on a high school or middle school team. These skills include consistency, movement, balance and doubles foundation.

Morning Sessions 11:00 - 12:30pm; Afternoon sessions 3:30 - 5:00pm
Fee: $79 per session
Class #1952

Refunds will only be granted PRIOR to the beginning of a program. No refunds will be granted without prior approval of Walt Oden.
KCE SPORTS

FALL
- FALL SOCCER
  Pre-K - 5th Grade
- FLAG FOOTBALL
  Pre-K - 9th Grade
- FALL VOLEYBALL
  1st - 8th Grade
- CHEERLEADING
  1st - 6th Grade
- GIRLS BASKETBALL
  K - 8th Grade
- TRAVEL FOOTBALL
  1st - 6th Grade
- WRESTLING
  K - 6th Grade
- KFC SOCCER
  Ages 8 - 14
- TRAVEL BASKETBALL
  4th - 6th Grade Girls
  3rd - 6th Grade Boys

WINTER
- BOYS BASKETBALL
  K - 8th Grade
- HIGH SCHOOL BOYS BASKETBALL
  9th - 12th Grade
- TRI-COUNTY GIRLS BASKETBALL
  2nd - 8th Grade

SPRING/SUMMER
- SPRING VOLLEYBALL
  1st - 8th Grade
- SPRING SOCCER
  Pre-K - 5th Grade
- BOYS LACROSSE
  3rd - 8th Grade
- GIRLS LACROSSE
  4th - 8th Grade
- SOFTBALL
  Pre-K - 8th Grade
- BASEBALL
  Pre-K - 12th Grade
- TRAVEL SOFTBALL
  U10 - U18
- TRAVEL BASEBALL
  U8
- KFC SOCCER
  Ages 8 - 14

REGISTER ONLINE FOR ALL SPORTS AT KENSTONCOMMUNITYED.ORG
2018 - 2019 SEASON TRAVEL TRYOUTS

Exact times and locations will be posted on the KCE website sports page

BOYS U8 BASEBALL
April TBD

KFC SOCCER
Early May TBD

BOYS TRAVEL BASKETBALL
Mon Sept 17 & Mon Sept 24
Teams for Grades 3, 4, 5, 6

GIRLS TRAVEL BASKETBALL
Tues Sept 18 & Tues Sept 25
Teams for Grades 4, 5, 6

GIRLS U10, U12 AND U14 TRAVEL SOFTBALL
August 4 and 11
See KCE website for times
Kenston High School Varsity Fastpitch Field
Rainout dates each subsequent Saturday

PRE-REGISTER FOR ALL TRAVEL TRYOUTS ONLINE AT
KENSTONCOMMUNITYED.ORG
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**Interested in Advertising in the Next KCE Catalog? Call 440-543-2552 Today!**
REGISTRATION

Phone-In:
Call (440) 543-2552

In Person:
Mondays 8:30am - 12:30pm
Wednesdays 7:30am - 12:30pm
Tuesdays & Thursdays 9:30 am to 4:00 pm
9421 Bainbridge Rd

Mail-In:
Send the registration with check or credit card number made payable to: Kenston Community Ed.
Mail to: Kenston Community Education, 9421 Bainbridge Road, Chagrin Falls Ohio 44023.

Online:
Visit our website at www.kenstoncommunityed.org

Fax-In:
(440) 543-0415
Registration forms must include MasterCard or Visa card number and expiration date, as well as Medical Release Form signature (if required).

GENERAL INFORMATION

Procedures
- Registrations are not accepted by the instructor.
- All fees must be paid at the time of registration.
- Checks and money orders are to be made out to Kenston Community Education.
- There will be a $20 fee for all returned checks.
- Classes may be cancelled at the last minute due to low enrollment.
- No notification unless class is filled or cancelled.

Inclement Weather Advisory
If the Kenston Schools are closed due to the weather, Community Education classes will also be closed and classes will be rescheduled. Please check with your local radio and television stations for school closings. You may also log on to kenstoncommunityed.org for cancellations.

Liability
Registration fees DO NOT INCLUDE accident or personal property insurance. No liability is assumed by the Kenston Board of Education or Kenston Community Education or their sponsors in the event of an accident or loss of personal property at any site where programs are held.

Refund Policy – Please Read!!!
Programs are run on user fees, therefore, decisions to hold all classes are based upon enrollment. To receive a refund, you must cancel your class registration 24 hours in advance. There will be a $15 cancellation fee for ALL registrations cancelled at any time. Once classes have begun, NO refunds will be granted. Students assume the risk of change in personal affairs or health.

Register online at kenstoncommunityed.org OR Call: KCE 440-543-2552 OR mail to: KCE 9421 Bainbridge Rd Chagrin Falls, OH 44023

Payee Name________________________________________ Email Address _____________________________________
Address ___________________________________________ City, Zip __________________________________________
Home Phone _________________________________________ Other Phone _______________________________________

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Total Fee $________________

Cash ________    Check # ________      Credit Card # _____________________________  Exp Date ________

I understand the fees DO NOT include accident or personal insurance and NO liability is assumed by Kenston Community Education in the event of an accident or loss of property at any sites where programs are held.

Parent/Guardian Signature________________________________________ Date _________________